

## From books to blood.

For my interview with a health professional I interviewed Hannah Conway. Hannah graduated with a Bachelor's degree in Psychology and a minor in human services. Hannah is now a nurse assistant at the Children's hospital of the Kings Daughters, she got her certificates through CNA training locally. Hannah said that as a nurse assistant her basic roles are taking vitals, supporting the families drawing blood, feeding babies, removing iv's and much more. When asked what inspired her to be a nurse she said she had always cared for helping kids since a young age. Originally Hannah's major was elementary education but she learned that wasn't the correct career path for her, so she changed her major to Psychology. When asked what the most challenging and rewarding aspects of her job was she responded saying, seeing her patients get healthier is the most rewarding part of her job and working with toddlers and getting used to night shifts is the most challenging aspect of her job. Hannah then went on to say that the most surprising thing about her job is seeing things that she had never seen before. She mentions how it can also be very difficult to not get attached or form close relationships with the patients.

Hannah said that she believes that the children's hospital of the Kings Daughters does well with being sustainable and climate friendly. Since she is relatively new to this job she doesn't know about all of their resources but knows that new

resources are constantly being developed. Hannah believes that being sustainable is very important especially with how big the hospital is they are using many resources a day. A main barrier to being sustainable and climate friendly in a health profession is not being able to reuse a lot of the sterile equipment such as blood vials and more. By being a sustainable hospital it would better the environment and reduce the cost of items in the hospital.

Hannah said if she could give advice to someone that is wishing to pursue this career it would be to train your body to get used to the hours and getting comfortable shoes. Since you are always on your feet it is important to own the proper shoes. After this interview I am still interested in this career and excited to learn more about this career path.