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Mid Semester Reflection  
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I'm currently doing well in my Sociology class because I'm taking good notes in lecture and looking over them after class. I also think I'm doing well in Sociology because I understand the topics more than my Chemistry class. In Chemistry and Chemistry Lab I am struggling with the topics and the math side of things. Since the previous reflection I have taken more time to focus on Chemistry and am getting help from my peers. I also am going to go to Chemistry tutoring to help get my grade up hopefully and try to understand what we are learning.

Coming into college I knew it was going to be hard, not just because of classes but just transitioning to being on my own. I am doing well on my own, however I am struggling with exams. It was a big jump from coming from an online senior year to being in college. College courses are a lot faster than high school classes. I knew it was going to be a challenge for me though so it wasn't anything I didn't expect. I was surprised about how natural it was for me to be alone. I always thought I would be home sick but I do enjoy being independent which was something new I learned about myself.

This past week I attended the tour of the nursing school at Virginia Beach. I learned a lot about the nursing program and I am really excited about my future. I learned that all my classes would be in the school of nursing building at Va. Beach and about the labs that we as students go through to practice what we learn in the lectures. After the tour, my eyes were really open about how important my freshman and sophomore year are because they can make or break whether or not I get into the nursing program.

I have not experienced any challenges or problems this semester where I have utilized ODU's assistance. I do plan on seeing a therapist in the near future, probably in November, just to talk to someone about how I'm doing mentally because I think that would help me stay grounded while trying to get through college. My roommates have been helpful to me because we really support each other and talk through our struggles together. I am so grateful that I have a relationship with my roommates like that because if I didn't I would feel very alone. I am thinking about joining a club next semester to get me more involved at ODU. I have not really looked into clubs yet because I have been keeping my focus primarily on homework and my grades. I do look forward to being more involved here because I want to get out of my shell and meet new people who could potentially help me achieve my goals.