**Agency Selection (SaVida Health): Task One**

April Bounacos

Old Dominion University

HSMV 440W Program Development, Implementation, and Funding

January 19th, 2023

**Agency Selection (SaVida Health): Task One**

The agency that I have decided to evaluate is SaVida Health. SaVida Health is a private organization that specializes in addiction medicine, takes pride in delivering evidence-based medication-assisted treatment, and provides patient support through counseling. This facility offers mostly intensive out-patient counseling, but they also offer family and group therapy if needed. This facility's staff consists of medical doctors, counselors, and medical assistants. I contacted an employee at the facility who said that there would be no problem with the agency participating in an evaluation and they understand that the evaluation may include observations and interviews.

**Agency Mission and Purpose**

SaVida's mission is, "to improve the lives of people with opioid or alcohol addiction through respectful, compassionate, and effective treatment." (SaVida Health, 2022). SaVida is designed to operate with individualized treatment plans that provide comprehensive medication management, behavioral healthcare, counseling, and patient support to help people in the early stages of recovery. This treatment includes medications such as buprenorphine-naloxone (Suboxone) or naltrexone (Vivitrol) for people who suffer from addiction or alcoholism. They allow the patient to play a leading role in their recovery and depending on their successes, they progress from weekly to monthly office visits. There are also case managers that are there to help with additional resources such as housing, childcare, or transportation.

**Population the Agency Services**

Considering that this facility's purpose is to help people in the early stages of their sobriety, there is a wide range of people that they service. They see people from many different walks of life and addiction does not discriminate when it comes to age, gender, race, culture, etc. To be

qualified to be serviced by this agency, you are either addicted to opioids or alcohol, or both. Most clients that they see are at their lowest point in their addiction, have lost everything, and are finally hopeless enough in their addiction to finally reach out for help. With that being said, there are also clients that have been with the facility since the start of their sobriety and now have a few months or years of sobriety because of the services.

**Geographic Location**

The particular facility that I am going to evaluate is located in Culpeper, Virginia, which is a small town located in Northern Virginia or Central Virginia, depending on who you ask. They have facilities in five different states including Delaware, Maine, Massachusetts, Vermont, and Virginia. SaVida Health consists of thirty-five locations total, with fifteen of those being in Virginia.

*Rationale for Choosing this Agency*

I think that this particular agency will be an interesting experience for me because I have gone through an addiction myself, so I understand most of the "ins-and outs" of what a basic early recovery or MAT program should look like. I have a big interest in having a career somewhere within the substance abuse field. I believe that this experience will be able to give me a different perspective of how these types of facilities are being run.  I hope to be able to use this experience as a way to explore my career possibilities and see if substance abuse is a field that I still want to pursue.

References

SaVida Health. (2022, June 11). *Opioid and Alcohol Addiction Treatment | SaVida Health*.

Savida Health. https://savidahealth.com/

Footnotes

[1][Add footnotes, if any, on their own page following references.  For APA formatting requirements, it's easy to just type your own footnote references and notes.  To format a footnote reference, select the number and then, on the Home tab, in the Styles gallery, click Footnote Reference.  The body of a footnote, such as this example, uses the Normal text style.  *(Note:  If you delete this sample footnote, don't forget to delete its in-text reference as well.  That's at the end of the sample Heading 2 paragraph on the first page of body content in this template.)*]
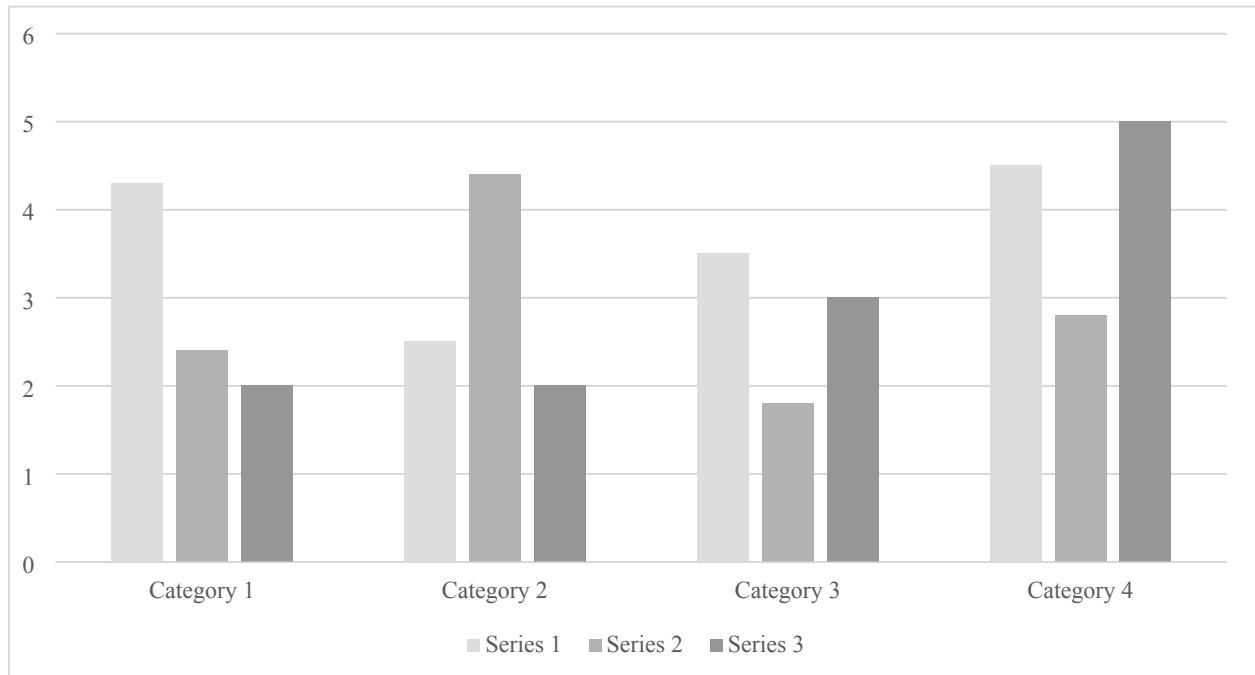
Tables

Table 1

[Table Title]

| Column Head | Column Head | Column Head | Column Head | Column Head |
|---|---|---|---|---|
| Row Head | 123 | 123 | 123 | 123 |
| Row Head | 456 | 456 | 456 | 456 |
| Row Head | 789 | 789 | 789 | 789 |
| Row Head | 123 | 123 | 123 | 123 |
| Row Head | 456 | 456 | 456 | 456 |
| Row Head | 789 | 789 | 789 | 789 |

*Note*:  [Place all tables for your paper in a tables section, following references (and, if applicable, footnotes).  Start a new page for each table, include a table number and table title for each, as shown on this page.  All explanatory text appears in a table note that follows the table, such as this one.  Use the Table/Figure style, available on the Home tab, in the Styles gallery, to get the spacing between table and note.  Tables in APA format can use single or 1.5 line spacing.  Include a heading for every row and column, even if the content seems obvious.  A default table style has been setup for this template that fits APA guidelines.  To insert a table, on the Insert tab, click Table.]

Figures title:



*Figure 1*. [Include all figures in their own section, following references (and footnotes and tables, if applicable).  Include a numbered caption for each figure.  Use the Table/Figure style for easy spacing between figure and caption.]

For more information about all elements of APA formatting, please consult the *APA Style Manual, 6th Edition*.