

It is only on very rare occasions that I act outside my personality. One such occasion I can think when I acted outside my typical personality was in the summer of 2018 at work when I transferred store locations. I was transferred to a different location in the city that was in need of another manager. This store currently only had two assistant managers, as the store manager was relieved of her duties. I was sent over to provide more leadership roles. However, I did not get along with one of the assistant managers there and she did not get along with me. She was always telling me to complete the closing paperwork and deposit in the way she wanted. The only problem was that the way she wanted me to complete the closing paperwork and deposit was incorrect. Every time I saw this manager I was berated on my closing and threatened with getting written up if I did not complete the paperwork her way. I was acting out of my usual element as I am a rule follower and do what others ask of me. However, in this situation, I knew something was fishy and continued to defy this manager's orders. After a few more episodes and arguments with this manager, I was confronted by the other assistant manager at the store, though I got along with her and have remained friends with her to this day. She told me about the other manager and how she was going to give me write up for defying her for a few weeks. At this point, I was so fed up with the whole situation and blew up at this manager, though she was not writing me up or questioning my practices. I yelled at her for at least five minutes and it practically turned to screaming, which ended in tears as I was so frustrated and upset with how I was being treated at this store. Though I cannot recall exactly what I said, I remember saying things along the lines of "I know what I am doing is right and everything that is being done here is not right." Also, I remember telling her about how I was still contacting the district manager and my previous store manager about what was happening at this store and how they had my back. They agreed with me and encouraged me to continue doing the right thing even though I was facing backlash from one of the assistant managers. About a week after I screamed at the assistant manager, the one who was causing me problems was suspended, then later fired, for stealing deposits. She wanted me to complete the paperwork her way because it would have allowed her to get away with stealing deposits, but when I arrived and did everything the proper way, it allowed higher ups in the company and other store managers to realize what she was doing and what actions to take.

In this episode where my behaviors were opposite my typical personality, the personality trait neuroticism comes to mind. In the typical personality test that I have taken, I score very low on neuroticism, as I am generally not an angry or hostile individual. In this case, I find that the subtrait of angry hostility was prevalent during my screaming match. I was not level-headed and very angry and let out all of my emotions at once in one loud session. I was also impulsive as I went off rather quickly with little input from who I was communicating with, as she let me let out my anger. During this whole situation, I was feeling very anxious, as well. My anxiety started going through the roof whenever I would walk into that building, and my anxiety after my outburst was even worse. I was terrified of what might happen when the manager who was causing me problems found out. I called my previous store manager as soon as I was alone and told her everything that had just happened. She was very encouraging and helped ease my

anxiety and stress and I knew she would handle the situation and I trusted her. As stated before, the manager I had issues with was suspended only a few days later and did not return to work after it was discovered what she was doing with the store's cash deposits.

I think personality is a complex aspect of human behavior. I think that personality remains relatively consistent throughout one's life, but it can change based on circumstances and context. It may not be reasonable to think that a person's personality will remain the same in different extreme contexts or situations. For example, most people do not behave the same way or display certain personality traits across all contexts and elements of life. It is not likely that a person will display the same traits at a wedding as they would during a divorce court hearing. Someone's personality may take an extreme form depending on the situation and they may act differently, or out of their element, in different contexts.



I decided to make a word cloud consisting of words that do not describe me or my personality. Some of the words I used are the opposite of how I actually am and describe how I was during the situation at work when I transferred stores.