

Some say medicine is not for the weak. I am Ianndia Brake a self-discipline, persevering, overcoming obstacle aspiring serviceable health care team member. I know I will be a medicine improving physician for my community one day. Sure, when I was a child, I wanted to be a doctor. At that time, I didn't fully understand what those words would really mean to me. I didn't know the feeling of being apart of such a vulnerable time in someone's life.

I went to college after high school without a true understanding of what college meant. I had the textbook definition of course. "Go to school, graduate and use your degree to get a steady paying job." Very clique outlook on college. After my first semester I realized something wasn't right, but I didn't know what was wrong. Second semester I was offered the opportunity to run track for my college team or work as a pharmacy technician. My family was always against me working while going to school, they preferred to break their backs and financially support me while I go to school, so I didn't have to. I felt the experience from being a pharmacy technician would help me find place. I must admit working as a pharmacy technician was not my favorite, I still felt like something was missing and I wasn't happy. The people I worked with were amazing and the place was nice too, but the job itself didn't feel the void. At this point I was lost in what my purpose of school was, so my grades fell behind tremendously. By the end of the semester, I realized I needed to reassess my choices and understand where I failed myself so I could learn and improve. At the end of the summer, I realized I needed more time before I head back to college, so I joined the navy.

My decision to join the navy was my first most selfless thing I had ever done in my life. The navy needed Information Technicians and didn't have any medical jobs available. Instead of waiting for a medical job I took the Information Technician job, because I was joining the military so I could take off some of the weight on my family's shoulders and figure out my passion. Doing so I become a dependable adult and created a mentally safe space for me to listen to my natural interest and decide what I was going to professionally do. My 6 years in the navy I told myself if I could overcome every military obstacle there would be no reason why I couldn't be a doctor. I graduated top 5 in my class and while exceeding in everything I did from being stationed in Virginia to stationed in Bahrain to stationed with a Romania detachment command my motivation for success was knowing one day I would be that provider I now yearned to be.

Through my educational track record, I have climbed from the below average student to the above average student. I come from a family whose average highest educational achievement is some college. In my family it was normal for one to go to college but not finish because of a change in health status. I listen to my families' and friends' stories in life and vow to not make the same mistakes. That's why I can proudly say with a smile on my face "I am 27, with no kids, a house, a paid off car and no debt besides my house loan. I am surrounded by supporting family and friends, who I wouldn't take for granted, because they play a valuable part of my success."

After I completed my 6 years and 6 months of serving for our country, I have been taking steps to get more involved in the medical field. I have taken an EKG, Phlebotomy course and worked as a medical assistant and scribe in an OB/GYN clinic. In this clinic I experienced assisting in providing various types of health care to women and their significant others. Some of the types of health care I assisted in where gynecological procedures, administering shots, calling patients to inform them of their results, and obstetrics care.

I have a passion to practice medicine with an MD attached to my name. All through my life I have taken every lesson taught to me, no matter if I physically went through it or someone else, I was studious and learned from all experiences. Through my life experiences I've gained self-discipline, perseverance, and the ability to overcome obstacles needed to succeed.