

Arianah Flynn

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Personal Statement

My deep-seated value for practicality has consistently guided my academic pursuits. I'm drawn to fields that directly address real-world challenges and contribute to positive societal change. Public health perfectly aligns with this ethos. It offers a tangible framework for improving community well-being through evidence-based interventions. I'm particularly intrigued by the intersection of public health and community. I have acquired technical skills such as Microsoft usage, medical terminology, and appointment scheduling to see that I can be accepted into the public health sections in government. I have also developed soft skills such as communication, problem solving, and adaptability to ensure that my community can be well cared for.

Education

Old Dominion University, Norfolk, VA

Bachelor of Science, Public Health Major

Expected Graduation: August 2025

- Cumulative GPA: 2.8
- Relevant Coursework: Global Leadership, Reducing Health Disparities, and Social Behavioral Aspects

Warwick High School, Newport News, VA

High School Diploma

Graduated: May 2020

- Thomas Nelson Community College, attended early college program Spring 2020
- Relevant Coursework: Medical terminology,

Work Experience

Adler Therapy Group, Newport News, VA

Rehab Assistant

March 2022 to December 2024

- Assist children with behavioral and autistic (ASD) by creating calm environments and develop safe tactics for sensory needs
- Manage cleanliness and organize physical, occupational, and speech equipment
- Schedule and generate patients' chart by listening to academic needs

Virginia Health Services, Yorktown, VA

Resident Navigator and Notary

July 2021 to March 2022

- Generated reports on Excel describing discharge positivity rates and future readmission of patient's health
- Delegated room and board, give tours, and schedule appointments to accommodate future admissions
- Formulated and sorted business files of building admissions while being sign on liaison of Power of Attorney and Advance Directives

Leadership Experience

Riverside Medical Center, Newport News, VA

Volunteer Ambassador

2016 to 2019

- Directed new volunteers to stations across hospital center to assist providers and patients
- Assisted in office assignments of nursing staff, in addition to accounting of medical supplies
- Led beside Physical Therapy Aid to organize and maintain gym atmosphere

Riverside Education Center, Newport News, VA

Medical Careers Club Member

2017 to 2019

Arianah Flynn

- Exposed adolescents to careers of Riverside Medical Groups, such as surgeons and EMT
- Led different essential services of career and gave examples such as dissect pig hearts and CPR courses

Honors & Awards

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| • Notary | 2022 |
| • Honors Society | 2021 |
| • Governors Health Program | 2020 |