Media plays a major role in in shaping public perception and the understanding of cybersecurity. With the increasing popularity of digital technologies, social media platforms, and entertainment industries have become primary sources of information regarding cyber threats and the measures to mitigate them. The portrayal of cybersecurity incidents ranging from data breaches to ransomware attacks often emphasizes sensational aspects. This sensationalism not only skews public perception but also influences policy discussions surrounding cybersecurity measures. While media significantly influences our understanding of cybersecurity by disseminating information rapidly and widely, it’s crucial for both creators and consumers of media content to engage critically with these narratives. Striking a balance between informative reporting and responsible storytelling is essential in fostering an informed society capable of navigating the complexities inherent in the digital landscape.