

Read the article on p. 178 in your books:

La Siesta

Sección Lectura: ¿Cierto o falso?

Indicate if the sentence is true or false. **If it is false, cross out the incorrect information and in Spanish, write what is true** in the blank.

- | | True | False | |
|----|-------------------------------------|-------------------------------------|---|
| 1. | <input type="checkbox"/> | <input checked="" type="checkbox"/> | La costumbre de la siesta empezó en Asia. ____ El área del Mediterráneo ____
_____ |
| 2. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | La palabra <i>siesta</i> está relacionada con la sexta hora del día. ____
_____ |
| 3. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Los españoles y los portugueses llevaron la costumbre (custom) de la siesta a Latinoamérica. ____
_____ |
| 4. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | La siesta ayuda a trabajar más y mejor durante la tarde. ____
_____ |
| 5. | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Los horarios de trabajo de las grandes ciudades (cities) hispanas son los mismos que los de los pueblos pequeños (small towns).
____ Los horarios de trabajo de las grande ciudades hispanas son diferente que los pueblos pequenos____
_____ |
| 6. | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Una siesta larga siempre es mejor que (better than) una siesta corta. ____ Una siesta corta siempre es mejor que una siesta larga ____
_____ |
| 7. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | En los Estados Unidos, los empleados de algunas empresas pueden dormir la siesta en el trabajo. ____
_____ |
| 8. | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Es fácil despertar de un sueño profundo (deep sleep). ____ Es fácil despertar de un sueno pequeno ____
_____ |

Sección Cultura:

In English: **Compare** how the information on *la siesta* in this article is the same or different to life in your culture. **Explain.**

____ To me, la siesta seems similar to Labor Day. La siesta is meant to give people a break from work and return to work later in the day. Most people get the day off during Labor Day instead of having a break then returning on the same day. Both traditions allow people to take time to relax, but the length of the breaks is different.

In English: **Describe** another practice in the Hispanic culture that helps you understand it? ____ Carnival celebrations can give insight into the Hispanic culture. During the carnival, you'll see a mixture of traditions. You can learn about the unique dishes they cook, the music they play, the art and dances presented, and the exciting clothing. These elements teach you about their customs and history. For example, during parades, the people dress up as devils representing gods from ancient religions.

In English: **Compare** a couple of products (such as food, music, art, clothes, movies, ...) from the Hispanic culture and **explain** how they help you understand the *Hispanic culture and your own*. ____ The film COCO shows how important family is in the Hispanic culture. _During festivals, families get together and spend time remembering their heritage. Everyone brings pictures of their loved ones that have passed. During American holidays, it isn't common to commemorate those we've lost, but we focus on those with us. Family is so important in the Hispanic culture that they always find time remember those they've met and those they never got to meet, but they are essential because they're connected by blood._____

In English: Do you interact with people from other cultures often? **Explain** why and how. ____ The last time I interacted with someone from another culture was when I lived in Indiana. I became close friends with some exchange students from Italy and Germany. I also knew someone from Brazil when I was in high school. _____

In English: When you interacted with someone from a Hispanic culture, what was something that stood out to you? **Explain.** ____ One thing that stood out about my friend from Brazil was that she would always make dishes familiar in her country and let us try them. What we didn't realize was that she was teaching us about her culture through food.
