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Term Paper Workshop Submission

Table 9.2: Author Insights Across Disciplines

Discipline or Subdiscipline	Insight of Author
Psychology	"College students after 2000 show significantly lower levels of dispositional empathy compared to students in previous decades... empathetic concern and perspective-taking declined steeply as personal stress and individualistic focus increased." (Konrath et al., 2011, pp. 180–188)
	"Increases in digital media use and screen time among adolescents correlate directly with higher rates of depressive symptoms and emotional detachment, suggesting psychological burnout limits emotional capacity." (Twenge et al., 2018, pp. 3–17)
Media Studies	"Face-to-face conversation is systematically replaced by hyper-connected digital communication that strips away emotional nuance, leading to desensitization and a reduction in active empathetic listening." (Turkle, 2015)
	"Virtual empathy and real-world empathy operate through distinct behavioral mechanisms; high engagement in social media multitasking significantly reduces real-world empathetic responses and emotional processing depth." (Carrier et al., 2015, pp. 138–148)
Sociology	"Higher social media platform use is independently associated with increased feelings of social isolation among young adults, demonstrating that algorithmic connectivity weakens broader community cohesion." (Primack et al., 2017, pp. 1–8)

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