

Study Habits

- What classes are you doing well in, and why? **The classes I'm doing well in are English and Chem Lab. These are my easiest classes and they do not require that much studying.**
- What classes did you identify as needing assistance in? **The classes that I'm struggling with or not getting the information as quickly are chemistry and Spanish. These classes require you to study each day and if you don't it will be very hard to pass that class. For both of these classes, a change I have made since the beginning of the semester is studying and making flashcards and it has helped tremendously.**

Transition to College

- What expectations did you have coming to college? **An expectation that I had coming to college was that it was going to be easier than high school. I struggled a lot in high school and my older aunts and cousins were telling me that it was easy and that I just have to do the work.**
 - Have those expectations come to fruition, or not?
 - **College is not easy. It isn't hard either but as it is the first time you're alone and have to do things yourself it is difficult.**
 - **In what way is your college experience different from what you expected? It's different because since I was taking myself to school in high school I thought it would be easy going to classes in college. But in college going to classes is very unmotivated because most of my classes are either hard or there is just no point in attending.**
 - **What has surprised you about your experiences so far this semester? I'm surprised at how good at chemistry I am even though the information is coming a little slow to me. Science was always my worst subject but now I'm getting the hang of it.**
- *If you live on campus:* What has been your toughest challenge with moving away to college? Easiest challenge to overcome? **I think the toughest part was living with someone you don't know because you never know their intentions. But since my roommate and I are close now it makes the experience better.**

- OR *If you commute to class:* What is the toughest challenge with commuting to campus? Easiest challenge to overcome?

Major

- Name something you have learned about your intended major that you did not know at the beginning of the semester. **I learned that nursing is a very hard major. I knew it was hard but it is very time-consuming and you want to make sure that your grades are good so when you apply that would be the least of your worries.**
- Have your feelings changed about your intended major? List some thoughts you are having. **I was debating on if I wanted to change my major. I was not eager to do nursing, I just wanted to be in the health profession field. If I do change my major it would be exercise science or dentistry.**
- Is there another subject (major or minor) that you are interested in learning more about? **I am interested in learning about exercise science or dentistry.**

Connecting to Campus

- Name one problem or challenge you have encountered this semester, and which resource(s) at ODU you have/can utilize to assist with this situation. **I have challenges with Spanish and chemistry but I have utilized the tutoring resources at ODU in the library.**
- Is there a friend, roommate, professor, advisor, or group in the ODU community who has helped you so far this semester? If so, how did they help you? **Yes, Teryn, has done study groups and we help each other with our chemistry homework.**
- Have you attended an interest meeting for a club? Why did you decide to get involved or not get involved? **I have tried the Relay for life. I try to go to as many meetings but sometimes my schedule conflicts.**

Themester: Sustainability (Environment)

- What new sustainable practices have you learned about so far this semester (think back to our guest speakers Dr. Hawkins and Dr. Hoglund!)? **I learned about turning your lights off, and not using the handicapped press buttons to open the doors.**
- What sustainable practices would you like to begin participating in? **I would like to use reusing bags.**