## Reflection Paper 1

I am astounded by the amount of knowledge and abilities I have acquired in such a short length of time as I think back on my 50 hours spent interning at a cybersecurity firm. I had only a fundamental understanding of cybersecurity ideas before I began my internship, but now I feel more assured in my capacity to assess security threats and contribute to the protection of digital assets.

Working in the field of cybersecurity is one of the most intriguing things since things are always evolving. New dangers are continuously emerging, and attackers are always coming up with new ways to take advantage of weaknesses. I've got the chance to learn about the most recent cybersecurity trends and technologies, including threat intelligence, penetration testing, and incident response, while working as an intern.

The value of teamwork and communication in the cybersecurity industry has been one of the most important things I've learned during my internship. In contrast to other professions where individuals operate alone, cybersecurity experts must collaborate in order to recognize dangers and take appropriate action. I've had the chance to collaborate with coworkers from several departments during my time at the company, including network security, application security, and risk management. Additionally, I've learnt how to effectively interact with customers and stakeholders and how to convey technical knowledge to non-technical audiences.

During my internship, I not only improved my technical skills but also my soft skills. I've learnt how to prioritize activities according to priority, be more organized and disciplined in my

work, and efficiently manage my time. Additionally, I've learnt how to operate under pressure without losing quality and how to be more versatile and flexible in a fast-paced atmosphere.

I have to say that working as an intern at a cybersecurity firm has been quite fulfilling. I am appreciative of the chance to absorb knowledge from seasoned experts and put it to use in a practical environment. The prospect of continuing my internship and learning more about the intriguing and rapidly changing field of cybersecurity excites me.