

Mid-Semester Reflection (100 Points)

Due Date: Week 9

Assignment Submission: Google Drive via Canvas

Reflection Instructions

For this assignment, please look back at your Pre-Semester Reflection and identify changes that you have made between the start of the semester, and now.

Answer each question using complete sentences and good spelling and grammar. Be thorough and thoughtful in your analysis! **This will be going up on your e-Portfolio. Make sure to add it once it has been graded. You can make edits to it after it has been graded for your e-Portfolio submission.**

Reflect on the following:

Study Habits

- What classes are you doing well in, and why?

I am doing well in almost all of my classes, with my lowest grade being a B. To be completely honest, I am unsure why I am doing this well. I just absorb the information easily.

- What classes did you identify as needing assistance in?

I don't really have any classes that I need assistance with. The amount of studying that I have been doing has been keeping me with good grades.

- What changes have you made (i.e. amount of time, location, campus resources, study strategies, etc...)?

Transition to College

- What expectations did you have coming to college?

Going into college, I didn't have any expectations aside from the classes being harder than high school.

- Have those expectations come to fruition, or not?

In some ways.

- How?

Keeping up to date on my assignments are somewhat hard.

- In what way is your college experience different from what you expected?

It's honestly easier than I expected it would be. I had heard about how difficult it is, and have yet to experience it.

- What has surprised you about your experiences so far this semester?

The fact that sometimes assignments will not match the syllabus at all, so you just need to constantly check canvas to be sure you don't miss anything.

- *If you live on campus:* What has been your toughest challenge with moving away to college? Easiest challenge to overcome?

The toughest challenge is keeping organized, while the easiest would be finding things to do.

- OR *If you commute to class:* What is the toughest challenge with commuting to campus? Easiest challenge to overcome?

Major

- Name something you have learned about your intended major that you did not know at the beginning of the semester.

I have not learned too much about my intended major, as I had already thoroughly researched it before choosing.

- Have your feelings changed about your intended major? List some thoughts you are having.

No, not really. Mostly, I am excited to begin doing major-specific classes.

- Is there another subject (major or minor) that you are interested in learning more about?

None that I haven't already taught myself about.

Connecting to Campus

- Name one problem or challenge you have encountered this semester, and which resource(s) at ODU you have/can utilize to assist with this situation.

I've had my own struggles with the OEA and being sure that I received my accommodations, so I used the ODU website to find out who I needed to email about it.

- Is there a friend, roommate, professor, advisor, or group in the ODU community who has helped you so far this semester? If so, how did they help you?

One of my friends, who also is here at ODU, has been extremely helpful in helping me de-stress. We hang out and will do classwork together while making jokes.

- Have you attended an interest meeting for a club? Why did you decide to get involved or not get involved?

I have attended the meetings for the Omega Phi Alpha, and am now a member of the Sorority! It interested me, and so I kept going to each of the meetings.

Rubric

Criteria	Excellent (100- 90 points)	Sufficient (89 -80 points)	Minimal (79 -55.5 points)	Unacceptable (55.49-0 points)
Depth of Reflection	Response demonstrates an in-depth reflection about the semester so far. Viewpoints and interpretations are insightful. Clear, detailed examples are provided, as applicable.	Response demonstrates a general reflection about the semester so far. Viewpoints and interpretations are supported. Appropriate examples are provided, as applicable.	Response demonstrates a minimal reflection about the semester so far. Viewpoints and interpretations are unsupported or supported with flawed arguments. Examples, when applicable, are not provided or are irrelevant to the assignment.	Response demonstrates a lack of reflection about the semester so far. Viewpoints and interpretations are missing, inappropriate, and/or unsupported. Examples, when applicable, are not provided.
Required Components	Response includes all components and meets or exceeds all requirements indicated in the instructions. Each question is addressed thoroughly.	Response includes all components and meets all requirements indicated in the instructions. Each question is addressed.	Response is missing some components and/or does not fully meet the requirements indicated in the instructions. Some are not addressed.	Response excludes essential components and/or does not address the requirements indicated in the instructions. Many parts of the assignment are addressed minimally, inadequately, and/or not at all.
Structure	Writing is clear, concise, and well organized with excellent sentence/paragraph construction. Thoughts are expressed in a	Writing is mostly clear, concise, and well organized with good sentence/paragraph construction. Thoughts are expressed in a coherent and logical manner. There are no	Writing is unclear and/or disorganized. Thoughts are not expressed in a logical manner. There are no more than five spelling,	Writing is unclear and disorganized. Thoughts ramble and make little sense. There are numerous spelling, grammar, or syntax

	coherent and logical manner. There are no spelling, grammar, or syntax errors per page of writing.	more than three spelling, grammar, or syntax errors per page of writing.	grammar, or syntax errors per page of writing.	errors throughout the response.
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