I experienced a wave of discomfort while reading about data breaches. It is astounding how many incidents there are. Not only do large breaches make headlines, but a steady stream of smaller ones that reveal private data also does. The details scrolled through my stomach, causing a knot of anxiety. This information could help researchers better understand the threat landscape. They could spot patterns, such as the most vulnerable industries or the most frequently targeted data types. Improving response times and reducing damage could be achieved by examining the chronologies of breaches, from discovery to disclosure. This information might be a useful resource for creating more robust security protocols and efficient laws.