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## **Article #2**

### **Introduction**

In the article “Cyberbullying and Psychological Stress among Female Employees” written by Mohammed A. Al Doghan, who studied at King Faisal University in Saudi Arabia and Saman Arshad, who studied at University of the Punjab, Pakistan. In this article, the authors discuss the widespread use of data and communication technologies (ICTs) transform the way we communicate. While this new modern digital era brings many advantages, it also brings disadvantages like cyberbullying. Cyberbullying is harmful actions that happen through digital and online channels, causing harm and embarrassment for others. The authors emphasize that this cybercrime is not limited to personal interactions, it can happen in a workplace. With this happening, it can cause the victims psychological stress, anxiety, and work-related issues. The study’s focal point is on the influence of workplace cyberbullying on their female employees, especially in Saudi Arabia. Which is where such studies are very limited. Furthermore, this explores the relationship between workplace cyberbullying and interactional justice, investigating the impact on work satisfaction and organizational commitment. How this is related to social sciences is, the workplace cyberbullying and its effect on female employees is connected to the social sciences principles. It talks about the concepts from psychology and sociology to investigate how individuals experience in their workplaces and how their organization structure shapes their interactions.

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## **Research Objectives and Data Analysis**

Al Doghan and Arshad(2023) both examined the effect of workplace cyberbullying on the psychological well being and job satisfaction of female employees in Saudi Arabia. They focused on “investigating the role of workplace cyberbullying in affecting the organizational commitment of female employees working in organization in Saudi Arabia”, “To examine the role of workplace cyberbullying in influencing the psychological stress of female employees working in organizations in Saudi Arabia”, “To Scrutinize the role of workplace cyberbullying in affecting the perceived interactional justice of female employees working in organizations in Saudi Arabia” and etc.( Al Doghan and Arshad, pg.3). The data collected was primarily responses of questionnaire items. Doghan and Arshad(2023) analyze the data by using the quantitative numerical data collection for the current study using a software known as SPSS. SPSS is the Statistical Package for the Social Sciences(SPSS).

## **Research Methods**

The article doesn't directly say or mention a certain research method used. However, the article shows the study employs quantitative research methods. They used questionnaires with Likert-scale items to evaluate variables such as cyberbullying in the workplace, psychological stress, commitment in organization, and satisfaction in the job. They used a surveyed approach, which is common in social science research to put together data from a bigger sample.

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## **Contributions to Society**

This study is relevant to society because it sheds light on the importance and consequences of cyberbullying in a workplace, especially among female employees in Saudi Arabia. It adds the increasing number of knowledge on workplace dynamics, emotional well being of employees and organization justice. This information can help inform organizational policies and interferences aimed at decreasing workplace cyberbullying and making a more equal and respectable work environment. The study overall is aiming to help improve the wellbeing of employees and help create healthier workplace relationships.

## **Conclusion**

In conclusion, this study is aimed to enlighten on the intense influence of cyberbullying in a workplace on female employees in Saudi Arabia, exploring its connection to the effects of psychological well-being, job satisfaction, and organization commitment. It emphasizes the importances of a fair and respectful workplace environment for employees.

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### References

Al Doghan, M. A., & Arshad, S. (2023). Cyberbullying and Psychological Stress among Female Employees. *International Journal of Cyber Criminology*, 17(1), 19.

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