

When I look at Maslow's Hierarchy of needs I see a lot of examples that relate to my technology experiences. First off with Physiological Needs, when I eat food I always have to be watching something. Most likely YouTube. With the safety needs level, having my phone with me at night by myself or at work is very important. Just in case something happens I can always call someone. With belongingness and love needs, If I don't text my girlfriend or call her, she will get distraught with me. So that is a must for me. When it comes to Esteem needs, I haven't really had an experience with that. As well as the Self-actualization level.