

How did you score? **I got 4/9**

What do you think about the items on the scale? **Some great questions. I just sent some people in my life that scale because I'm trying to see what score they get.**

Why do you think that different patterns are found across the world? **I believe that different patterns are found around the world because social media has taken over the world and people's minds. Some people just can't live without social media. A year or two ago that was me, but I ended up deleting all social media for a few months. Now I just don't care for it anymore. It has caused serious conflicts in my life. Most specifically my relationship.**