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Reflection 3

The final stretch of the Fall 2025 COVA CCIA Cyber clinic internship has been both challenging and rewarding, and I am filled with anticipation to see how the semester will end. This section has proven to be the most strenuous as we continue to work through our final reports in conjunction with each other and our business contacts. Despite this, these past few weeks have been greatly rewarding and have allowed me to apply key skills and frameworks in real-world scenarios. In this reflection, I will document the remaining weeks of the semester and my few remaining goals.

My team sprang into immediate action after our initial meeting with Matt Rose from Neptune Coffee Co. and established another in-person meeting the week after. During this meeting, we were taken on a tour through the cafe and had high-quality, delicious beverages. During this meeting, we learned a myriad of facts about the business and met with more cafe and senior staff members, all of whom made the experience welcoming and enjoyable. After the tour, we had a discussion with Matt to discuss expectations along with the Valor Top 10 checklist. Both of these topics were of great benefit to us and helped shape the future of our report. After this meeting, my group showed strong morale and willingness to work together as a team to produce a high-quality, high-impact report. We spent the next few weeks working on the report both in-person, via Zoom, and individually when time permitted. Once the report came into fruition, our design lead produced a beautiful presentation that will allow us to deliver our

presentation in a digestible manner. As of typing this report, I personally only have to finish my part of the presentation script and an employee training module for the cafe staff. I am thankful for the hard work and dedication of my team members, as well as the dedication of the clinic staff. To finish out the clinic, I hope to deliver an outstanding presentation to both the business and ODU staff. My team will continue working to successfully conclude the semester.