

Colonial Behavioral Health – Agency Selection

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### Agency Selection

The agency that I chose to evaluate is Colonial Behavioral Health, located in Williamsburg, VA. Colonial Behavioral Health is a community services board that services residence and community members of James City County, the City of Williamsburg, York County, and the City of Poquoson. Colonial Behavioral Health works to provide behavioral health services that include mental health ailments, intellectual disabilities, and substance abuse disorders. Colonial Behavioral Health's mission is as follows:

“The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.” (Colonial Behavioral Health)

Colonial Behavioral Health has a diverse demographic and work with the community in providing resources. Colonial Behavioral Health provide child/adolescent services, young adult services, adult services, and geriatric services. The services are very vast as to what is addressed

and accomplished. There are a lot of programs that are available to clients and they work with family's who do not have insurance and/or are seeking a reduce cost for the programs and services they attend to. Colonial Behavioral Health has a brief telephone survey/screening that people take to determine if Colonial Behavioral Health is the appropriate resource for them. They are very inclusive and demonstrate that through their practices.

Colonial Behavioral Health has multiple campuses; They have 5 locations in Williamsburg and 1 location in Yorktown, where they also provide support and services to individuals within their own homes that live within the 4 regions they service.

I chose this agency as I look to work in the mental health field, specifically aiding those with high-functioning mental health ailments. I find that Colonial Behavioral Health provides so many services, that I might also find a similar field/position that will broaden my mindset on what to do when I graduate.

Reference Page

“Home: Colonial Behavioral Health.” Home | Colonial Behavioral Health, [www.colonialbh.org/](http://www.colonialbh.org/).