

## **Mid-Semester Reflection**

### **Study Habits**

- What classes are you doing well in, and why?

I feel I'm doing well in my Sociology class. This is because I understand this class's material better than others.

- What classes did you identify as needing assistance in?

I have trouble in my European past class due to the way the professor does tests. He doesn't do multiple-choice tests, he does short answer questions.

- What changes have you made (i.e. amount of time, location, campus resources, study strategies, etc...)?

I make sure to intensely study the study guide given to me by the professor.

### **Transition to College**

- What expectations did you have coming to college?

I expected it to be different from high school. I was also nervous to go into a new environment.

- Have those expectations come to fruition, or not?

Yes, it has.

- How?

I realized that I have more freedom overall. I also have many opportunities to get out of the house due to school and association events.

- In what way is your college experience different from what you expected?

I find that less is expected from me, whether it be from professors or my parents. This has helped me feel less stressed about my classes.

- What has surprised you about your experiences so far this semester?

I was surprised to learn that I like college way more than high school.

- *If you live on campus:* What has been your toughest challenge with moving away to college? Easiest challenge to overcome?
- OR *If you commute to class:* What is the toughest challenge with commuting to campus? Easiest challenge to overcome?

The train can hold me up when I go to campus. That is why I always leave early to make sure I get to class on time. Also I miss out on some activities because I don't live on or near campus.

### **Major**

- Name something you have learned about your intended major that you did not know at the beginning of the semester.

I have to save up a lot of money in if I do get into the program. For instance, I have to buy some materials in order to be in the class. I also have to have to pay for the tests in order for me to be a liscenced dental hygienist.

- Have your feelings changed about your intended major? List some thoughts you are having.

I do have some hesitancy on my major but not enough for me to change it.

- Is there another subject (major or minor) that you are interested in learning more about?

I don't have any major or minor that I'm interested in at this moment.

### **Connecting to Campus**

- Name one problem or challenge you have encountered this semester, and which resource(s) at ODU you have/can utilize to assist with this situation.

I sometimes forget to print out some paper for my lab, so I use the printer at the library.

- Is there a friend, roommate, professor, advisor, or group in the ODU community who has helped you so far this semester? If so, how did they help you?

The FASA and APASU have helped me get out of my house more and meet new people. For example, they hold GBMs and events and do activities that help me talk to new people.

- Have you attended an interest meeting for a club? Why did you decide to get involved or not get involved?

I did join APASU because I new someone that was an e-board member and wanted to get closer to him.