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# In one word. What is Cybersecurity?



# Cybersecurity is ...

The practice of protecting systems, networks, and data from unauthorized access and damage from internal and external threats.





### What is the CIA Triad?

And how does it correlate with cyber?

Confidentiality

Integrity

CIA

Availability



## Confidentiality

Ensuring data is only accessible by authorized parties

- Data encryption
- Data classification and labeling
- Access controls
- Multi Factor authentication
- Strong Password Policy



The "I" in CIA



Ensuring data is accurate and unmodified Data cannot be **altered** or **destroyed** 

Tools such as hashes are used to check for integrity.



### The "A" in CIA

Availability



Consistent backups helps to keep information readily available in case of operational downtime or unexpected shutdowns.



### Authentication

VS

### Authorization

The verification of Identity What is the difference?

Things that can be accessed

#### Who are you?



What you do?





## What is Malware?

Malware is any software that is designed to disrupt, damage, or gain access to a computer system without the user's consent.



Trojans are named after the Trojan Horse; this malware disguises itself as desirable files to trick users into downloading.

Ex: Trying to download a pirated movie but getting a virus instead.



Worms

Worms are named after their ability to "worm" through networks of computers; spreading through replicating themselves within a network, and they usually need a patient 0 to interact with the original worm.

Ex: your computer suddenly glitching and freezing because John Doe, your coworker, implemented a program on his computer that had a software bug. Now all the computers are glitching.



Adware

This is one of the most common forms of malware, named after its main feature: ads. It works by serving you unwanted ads as pop-ups, new browser windows, new tabs and messages. Its main focus is to collect information from the user's computer.

Ex: Clicking on a \$50 Nintendo Switch ad, and now you won't stop getting popups every time you open your browser.



## What did we learn?

### The Common Denominator

As you may have noticed, each example had a common denominator: you.

Whether it's you or someone you know, this malware only works if someone allows it into their computer.





# What does Proactivity Mean?

'Prepared for the worst, but hoping for the best!'





Using tactics such as <u>Preventative Controls</u> and <u>Safe Online Practices.</u>

### Preventative Controls



Definition : Cyber controls are technical, physical, or managerial features that are meant to prevent, detect, or reduce the damage that is left from a cyberattack (CISA, 2023). Preventative controls have the goal of stopping a breach from occurring **before** it happens.

Ex: Firewalls

Proactively prevents breaches



# But what 's the most important proactive tactic in cybersecurity?



# Safe Online Practice, of course!

### Safe Online Practices

IBM reports that '83% of organizations reported insider attacks in 2024', so major businesses need to prioritize teaching and encouraging their team to understand how to navigate the internet safely (Nadeau, 2024).



Employee Trainings, Posters, Policies, etc

Safe Online Practices should be **prioritized**, not **neglected**!



Why have policy, especially in cybersecurity?

## Answer: Fix the issue of human error

# What is cybersecurity policy?

Establishes security guidelines for all employees that must be complied with

How to set a strong, secure password

Enable multi-factor authentication (MFA or 2FA)

When should a password be reset

Roles and responsibilities (access control)

Regularly assess employees on security knowledge (how to spot a phishing email)

#### Why even have it?

# Philosophical Topic

Are we adequately thinking through the long-term impact of technologies being developed today (the short arm of predictive knowledge)?

Yes? No? Maybe so ...?



And here 's why...

### The Shortarm of Predictive Knowledge

It's impossible to predict the impacts of technology! Oh no!

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New technology oftentimes has undiscovered vulnerabilities or can bring more negative consequences.



Breaking into home WiFis through a tea kettle?!?



### **TED** Talk Clip



This is an example of the unexpected consequences of modern technology, which can not be completely predicted or avoided.

### How do we combat this?



### Final thoughts



Cybersecurity is the prioritization of internet safety! It's used to protect the confidentiality, integrity, and availability of information.

Cybersecurity has the job of protecting against malware, such as adware, worms, etc.

Cybersecurity is best done proactivity

Cybersecurity policies gives companies a blueprint of how to defend systems.

While we can't predict technological consequences, we can protect against significant damage.









# **THANK YOU**



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