the score I received from the social media disorder scale was 1 out of 9. which meant I fell into the normative social media usage. I feel like the items in the scale play a major part in others peoples lives when it comes to social media. For example, tolerance is the one of the choices I chose because I've had issues in the past with it. I've also talked to people who've also had issues with it, which lets me know many more other people are dealing with it and its an issues I feel that person needs to solve on their own by disciplining themselves.