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Student self-assessment

Study habits are very important in order to have a good semester. My current methods of studying would include re-reading important data. In sociology class I pay close attention to the material being taught, I take detailed notes and write down important terms. I would occasionally look over the PowerPoint and take notes. Studying for chemistry in class I would pay close attention to the lecture and take down detailed notes. I would copy down the professors practice questions and answers to use as a reference for my own practice questions. Chemistry required a bit of extra effort. I studied with a couple of people from my class, and I watched YouTube videos to help me study. The videos helped me out a lot because it allowed me to have extra help and practice questions. The videos would also be broken down in a simpler way to help me better understand the material.

English class studying is a bit different. Everything is mostly online so I would just look over the handouts given to me. I read the textbook and watch videos on essay formatting. The class that I am doing well in is Sociology, I feel like I completely understand all the material that is given to me. Sociology is a class that interests me the most. I also use Quizlet flashcards to study sociology.

A class that I am facing challenges would be my chemistry lab class. The way I would improve on it would be to sit in the front of the class. It not that I am not able to understand the material, but the professor is very soft spoken. A way that I would study would be to go over my chemistry lecture notes to be a guide for the class. I could be taking advantage of my learning support in a better way. I should go to the writing center for my essays. I have a bad habit of being so caught up in things I often forget about appointments I have created. I will stop my habits by continuously filling out my calendar. Another way I could be taking advantage of my resources is scheduling chemistry tutoring.

A new technique I can try to better understand material is simplifying my notes to best fit my understanding. Instead of copying the PowerPoint, writing down what the professor says. Another technique I could try outside the classroom is goal setting. When I create a specific goal to reach everything flows together naturally. When I try to wing-it things tend to fall apart or not go as expected.