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English 110C

Problem Solutions Infographic

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Infographic Explanation

The paper I chose to turn into an infographic was my Problem-Solution Paper. I chose this essay because unlike all of my other papers I have written, the Problem-Solution Essay is my story, it is about something that I have been through, so I felt it easier to connect with. I also knew that if I did any other topic, my infographic probably wouldn't be as entertaining. During this explanation essay I will explain the design choices, image choices, and writing choices I constructed for my infographic.

For my infographic I chose specific design choices. For the background of my infographic, I wanted to go with a more neutral solid color so that the images I put on top of the background would pop. I wanted my infographic to also be timeline based. Starting at the top of my infographic I explain my struggle with weight and at the bottom I describe how I overcame that hurdle in my life and the solution to my problem. I also wanted to make sure my infographic was clear and readable. For most of the texts I used a font called "Lato" which is an equivalent to the "Arial" font on Microsoft Word. For my title I used the "Allerta Stencil" font. I wanted the title's font to be a little different than the rest of the text without it being too much to look at on the eyes. Because the background of my infographic is so dark it only made sense to use a light color for the texts so it would make a nice contrast. In the first portion of my infographic where I go through all the diets and things, I have tried to lose weight I decided to put thin white lines on either side of the

timeline. I did this strategically because I wanted it to be pleasing to the eye and satisfying to look at.

This paragraph will breakdown some of the image choices I decided to use in my infographic. As you scroll down the infographic the first image you will see is a lady doing yoga and a heart with an EKG symbol on it. I used the woman performing yoga on my infographic to symbolize physical fitness and how I maintained exercising most days while I participated in the various diets. The heart with the EKG symbol on it was chosen to simply symbolize health and the importance of heart health as well. The next two images you will see is a weight scale and a plate with a fork and knife on top of it. I chose these two images to symbolize my constant battle with the scale and with food. As you move further down on the infographic you will see a chart that is labeled “PCOS Symptoms”. I acquired this image from the Fertility Center of Dallas and used it in my infographic because many people have never heard of PCOS before and many don’t know what the condition consists of and some of its symptoms so I thought the image, along with me explaining would let my audience have a clear depiction of what the actual condition is. Finally, my last two images are a person in a hospital bed and a doctor with a stethoscope around his neck. I used these two images to symbolize my step in getting Bariatric Surgery and my hospital stay.

Both my Problem-Solution Paper and Infographic are both written in first person because I am telling my own story and sharing my own experiences with the audience. I want my audience to be able to identify with some of the things that I have went through. I hope that my story not only will encourage my audience but motivate them to be better for themselves, not anybody else. When doing my infographic, I also wanted to make sure I was using proper medical terms and just proper English in general. I did this because I wanted the mood of my infographic to be serious and informative.

[Parker Infographic Spring 21](#)

Work Cited

Angela Grassi, MS. "Why It's So Hard to Lose Weight With PCOS." *Verywell Health*,

www.verywellhealth.com/pcos-and-weight-loss-why-it-is-so-hard-2616492.

Fertility Center of Dallas. "PCOS: What You Need to Know." *Fertility Center of Dallas*, 9 July

2020, fertilitycenterofdallas.com/blog/2020/07/09/pcos-what-you-need-to-know/.

Reflection Paragraph

This infographic has been my favorite assignment I have done in college so far! I love that I was able to tell my story and some of the things that I have gone through because it was almost like a therapy session for me. I had a lot of fun playing around in Piktochart and it even made me realize what I would want to major in if nursing doesn't work out for me! This assignment also made me realize that English isn't just about writing pages and pages of essays but there is also a fun and creative side to English and writing as well. I think that it was much easier for me to do this assignment because I knew what I wanted to convey from the start because it was about what I have been through throughout my life so doing this assignment was incredibly encouraging. I really like Piktochart too because I was the yearbook editor-in-chief for my high school for three years so doing this assignment was making me very nostalgic. I don't think I had any trouble with any parts of this assignment other than learning how to use Piktochart, but it didn't take me long to get the hang of it and once I did, it was really easy and fun to put together. This was definitely the best assignment we have had in this course so far and I am very grateful that this was our last big paper.