

## 1. Study Habits

Every week I try and set aside around 20 hours for myself to study. Most of these hours go towards microbiology and history because those are my two most challenging classes. I don't study for theatre much because there is no tests or quizzes, instead, we mostly just watch plays and discuss them on flipgrid. Sociology is one of those classes that come naturally to me, but I do take an hour or two to study before a quiz is given. I study mostly in my bedroom where it is quiet at my desk. If I try to study in bed or with my T.V. on I usually get distracted or fall asleep, so my desk is my best bet. During the day I'm really focused on my zoom classes and getting done the assignments my professors give out so I usually study at night. I also find that if I study at night and give myself around 30 minutes to an hour before I go to sleep, I wake up and it is stuck in my mind or I even have a dream about what I was studying. This happens the most when I study history.

## 2. Learning Style

Some study techniques that work for me are repetition, physically touching the material or doing the thing that I am learning about and learning it and trying to teach it to someone else. Repetition is useful when it comes to anything, I mean kids learn how to tie their shoes through repetition. When using this technique, I just read over my notes one section at a time over and over again. This technique goes hand in hand with the teaching it to someone else technique. When I feel as though I have grasped the information, I usually sit my mother or father down and try and explain to them and teach them what I have learned. I started using repetition a lot more when studying based off the fact that other people said it really helped them. I also started using quizlet as well.

### 3. Transition to College

I honestly don't think anyone expected to college to be like this. When I was young, I used to imagine myself walking around campus with my friends, going to classes, meeting my professors face to face and having a genuine connection with them but because of the pandemic none of that is happening. What does surprise me though is even though this semester I have been strictly online, I have still been able to connect with some of my classmates and make friends with them. It is nice knowing that I am not the only one going through this. I don't live on campus nor do I commute to class.

### 4. Connecting to Campus

One challenge that I have encountered this year is having to teach myself how to type efficiently. I used to type with my pointer finger but because of the online based classes, I have definitely had to learn how to type correctly so I am not taking 5 hours to type 4 pages. The main group that has helped me this semester is the nursing '24 group chat that we have on Snapchat. This group of girls are all in the Learning Community as well and if I ever have any questions about anything, they are the first people I go to. I haven't been to any interest meetings for any clubs because I am living far from campus this year, I feel as though I won't be able to fully participate in the club as much as I would want to.