

From the beginning of the semester until now I feel as if I have grown a good amount. I have grown enough to know the do's and don'ts for next semester. My first semester was a free trial and now I know what I have to do and what I need to do better on. My expectations for this year were to stay in good standings with my grades, stay on top of all my work, and to just to be best in school. My expectations were met the first half of the semester and I was enjoying school. Then November came and it was like every curve ball was coming my way and I didn't know what to do. I got down and my grades kind of went along with how I felt. I never gave up though I kept pushing to do what I could to get myself out of that dark hole. Something I wish I knew 14 weeks ago would be how to manage my time better. I did a good job at first then everything started to feel like too much on me. I would get frustrated because I felt as if I wasn't doing good enough.

The time spent studying for each class has changed a little bit. At the beginning of the semester, I gave set times for each class but as time went on, I study longer with the classes I needed the most help in. I started to see that I didn't need to spend too much time with certain course because I was passing them with high grades. I put that extra study time into the courses I knew I needed to focus on. My study habit didn't really change only the amount of time I spent on each course did. My study habits were always good so I didn't need to change them. A resource that has helped me a lot this semester would have been YouTube. With it is many different explanations and you can find one that helps you. You can find someone who can break it down for you in a simple way. Going into the next semester I will keep my same study technique unless I see I need to make some changes. I will be keeping YouTube in my studies because it has helped me tremendously.

An event that was most beneficial to me was the one when we learned about a Parrell plan. It was beneficial because life does not always go as planned, so it is always important to have a plan B. I liked hearing the truth about life. Sometimes we go to school for one thing and our career is a totally different thing. That event helped me search for other things I enjoyed that I could possibly study if nursing didn't go as planned. As a freshman that was refreshing to hear because when you start you think that if you mess up life is over. It's not when you can way all of your options and can pick whichever one fits you. My chemistry, health 101, a sociology class all have something in common. They all have a science behind them. Sociology is the science of the mind; chemistry is the science of the body, and health 101 is the science of both I feel like. In nursing you need to know all of that information so your patient is comfortable with you.