

# Kristina Gamache

Suffolk, Virginia • (804) 824-6813 • Kgama003@odu.edu

## Professional Summary

Current Old Dominion University student majoring in Cybersecurity. Pursuing second bachelor's degree as a career change. I have a love for the healthcare field, and plan to continue a career in the field from a cybersecurity perspective.

## Experience

2021-PRESENT

Clinical Exercise Specialist | Sentara Health | Suffolk, Virginia

Assist physical, occupational, and speech therapists with exercise guidance for 150+ daily patients. Daily navigation of Electric Health Records (EHR) to communicate patient information and documentation.

## Skills

Python • Linux • Team player • Excellent time management skills • Conflict management • Public speaking • Electronic Health Records (Epic)

## Education

2025

**BACHELOR OF CYBERSECURITY, OLD DOMINION UNIVERSITY**

Relevant Courses: Basic Cyber Programming and Network, Linux Systems for Cybersecurity

MAY 2020

**BACHELOR OF KINESIOLOGY AND HEALTH SCIENCE, WILLIAM AND MARY COLLEGE**

## Activities

Strength Training • Crafting • Hiking • Travel