

Final Reflection on the Practicum Experiences

This reflection centers solely on our practicum experiences. Its goal is to help you reflect on the strengths and limitations of your experiences and observation so that you may improve your teaching or avoid inappropriate practices in your future teaching practices.

Each student will need reflect on his/her observation and teaching practices during the practicum. First, from reflecting on their observation, the student needs to describe a minimum of **two challenges** and **two strengths** for the school/teacher in their physical education program. Further, the student should discuss the probable causes and solutions within the school context or if any action has been taken by the student and/or the cooperative teacher.

Second, the student should reflect upon their own practices through videotaping or cooperative teacher feedback, and describe at least **two pedagogical practices/skills** that you have learned/practiced well, and **two challenges** or “what not to do” that you have and will still need to address. When reflecting on the practicum experiences, you should **use concrete examples** to relate your experiences with the reflection and thus write your final reflection report.

Requirements and Directions

- * The large body of the report should focus on describing the specific challenges and strengths you observed/experienced, but should **NOT** be merely a very broad topic with no concrete example.
- * The reflection should be written on professional practices/experiences, should not target on personal behaviors.
- * Academic writing style (APA 6) and formal language should be used throughout. You may include some **limited direct “hot quotes”** from the clinical faculty member, and add your thoughts or comments about the experiences when appropriate.
- * The reflection paper should be typed, double-spaced, 11-12 font size, **Arial** or **Times New Roman**, and include page numbers (page limit 5 maximum) with correct references (if cited).

Grading Rubrics for Reflection Paper.

Learning Outcomes (25 points)	Excellent ≥90%	Meets the standard 90% <, ≥80%	Needs Improvement <80%
Students are able to effectively reflect on their observation and experiences (10).	Two or more challenges and strengths were clearly reflected on the observation and personal experiences.	Two challenges and strengths were reflected on the observation and personal experiences, but were not clearly described.	Challenges and strengths were not clearly reflected on observation or experiences.
Students are able to systematically describe and summarize the strengths and challenges with concrete examples (20).	The challenges and strengths are thoroughly described, and are supported by concrete examples.	The challenges and strengths are well described, and are mostly supported by concrete examples.	The challenges and strengths are loosely described, and are not supported by concrete examples.
Students are able to communicate their reflection effectively through formal and sound writing mechanics (10).	The paper is written with sound writing mechanics in academic style (APA 6) and the writing is error free (≤2).	The writing is mostly sound and in academic style (APA 6), but contains some errors (2-5).	The paper is poorly written and/or not in academic style (APA 6; containing many errors >5).