

I am doing well in Psychology and Health Professions. I am doing so well in these classes because they are not as complicated as the other four classes I am taking. The workload isn't as heavy or tedious as my other classes. The class I need the most assistance with is Statistics. My other classes I don't need as much help with, the workload is just tedious and requires a lot of energy. I haven't really made any changes because I don't really have the motivation to do anything about it. I need to reevaluate my goals and my mental health.

I had many expectations when I came to college pre-COVID. My expectations consist of making friends, having the full college experience, going on adventure, learning new things. Many of my expectations have come true, however it isn't exactly the same. Covid has made everyone and everything so sensitive. Also, the mental health aspect of being in college, being away from home, and the course load is not talked about enough. I thought it would be more easy going and relaxing but it is stressful. There haven't been too many surprises that I can think of since my arrival. My toughest challenge since moving to college is talking to my family and my siblings, especially my siblings because I did everything for them, I woke up to them, I cooked for them. So leaving them was like leaving pieces of me behind.

Nursing is a very tedious major. There is a lot you learn, do, and retain. I have been thinking for the past few weeks about changing my major. I don't think I want to be working long hours, not being able to be with my family as much, and working in a field that goes against my morals and beliefs. Also, the amount of work that you have to do before you become a nurse or start nursing school isn't worth it. I haven't found anything that stands out to me and makes me want to do it for the rest of my life, just yet.

The main challenge that I have encountered is my motivation. I have lost all my motivation for school. College does not equate to high school, I knew that before I came to college but when Covid hit it really changed the game. I feel like if my last year in high school was different then I would be able to adjust a little better. There probably are some resources that I could utilize but I haven't been able to explore my options further. Honestly, no there hasn't been anyone to really help me this semester. I haven't attended any interesting meetings for a club yet because I am not where I want to be in my classes. So, how can I commit to a club when I can't even commit to the classes I have now. Once I feel like I have accomplished some goal with my classes then I will take on other responsibilities, such as clubs and a job.