

## **Fall Semester Pre-Assessment**

My first semester of college, I am most excited about being in a new environment, learning new things, and making new lifelong friends. My biggest challenge is procrastination. Ever since the pandemic began, I have lost my time management skills. Making time management another problem that I may face this year. I have not thought about any other commitments at this time, but I am not sure. In high school, I was involved with everything, from the homecoming committee, to taking pictures at various events, to just basically asking if there was any assistance needed. I helped plan the first Black History program at my high school. I am not fully aware of all the clubs on campus; therefore, I do not know if I am joining a club/organization.

My intended major is nursing. I chose this major because I have always wanted to be a nurse, ever since I was a child. The skills I possess that qualify this a good career is communication, patience, and adaptability. At this moment I do not have any experience in this career. My career goal for the next five year is to go to medical school, take some time and work in a hospital to gain more experience, then go to a specialty school that is designed for my intended career.

The biggest difference between high school and college is the amount of free time and responsibility. The schedule for college is lenient, and not as strict as in high school. The responsibility is another difference, in college you are held to a higher standard than you are in high school because at that point you are an adult in the real world. Not to say that there aren't any responsibilities for high school students, it is just a big difference. Studying is when you take time to go over your notes, and the lesson/lessons. Homework is work given to make sure you understand the material and can do it on your own. You study so that you can successfully complete the homework. I have six classes in total, they are introduction to chemistry and chemistry lab, health professions, introduction to psychology, introduction to sociology, and elementary statistics. After each class, I plan to take 30 minutes to an hour to review my materials, then each day, I will study each day for about forty-five minutes for each class. I plan to study outside or by the window at the end of the hallway. The type of distraction that is possible is people talking and moving. These distractions are inevitable for the places I will be studying in, however people moving and talking does not bother me that much. Anytime that I am not doing anything, but especially at night because I am a night owl and do not like sitting still if I am not busy. I am not exactly sure which study techniques work best for me because I have not had to study before. When I did study it did not do much because it felt like I was reading the same stuff repeatedly.

