

Conversation 2 – La buena salud y la comida (U7-U8)

Prepare (45 min)

- Schedule your conversation
 - Remember to schedule at least 36 hours in advance.
- Review
 - Review relevant vocabulary.
 - Learn at least 10 new words about this topic.

ENFERMA

MANO

LA CITA

CEBOLLA

ADELGAZAR

EL AJO

ROTO

NARANJA

LA VACUNA

MANTENER

- Plan
 - Write a list of 4-5 questions you can ask your conversation partner about how they incorporate healthy routines into their daily lives and habits and activities they consider promote good health.
 - Write a list of 4-5 questions you can ask your conversation partner about their favorite and non-favorite foods and places they like to eat; a regional or unique dish of their country
 - Avoid questions that elicit a simple one-word (yes/no) answer.
 - Think about how you would respond to each of the questions if they were asked to you (prepare for any vocabulary that you might not know).
 - Read through the Interact and Reflect portion of the sequence to help anticipate any other questions you might need to ask of your partner.

CUAL ES ~~LA~~ TU COMIDA FAVORITA?

CUANDO COMISTE TU COMIDA FAVORITA?

ES IMPORTANTE PARA TI COMER COMIDA SAUDABLE?

QUE ALMORZASTE AYER?

QUE PLATO PREPARASTE LA SEMANA PASADA?

~~QUE~~ COMO TE CIUDAS

SUDAS MUCHO CUANDO TIENES FIEBRE

CUALES SON ALGUNOS DE LOS METODOS PARA COMBATIR EL ESTRES?

- **Practice**

- Practice asking your questions out loud. Can you answer your own questions?
- If available, find a partner from class and practice asking and answering questions together.

- **Consider**

- What are some places that you notice you are having trouble communicating? Are there any new words or structures that you can learn before your conversation?

VERB CONJUGATION AND PREDICTING SPEECH AND CONNECTING WORDS

- What are some techniques to help navigate a conversation? What sort of phrases would be helpful?
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Interact (15 min)

Remember, you do not have to talk for the entire 15 minutes. It is a conversation! Aim to participate in at least 60% of the conversation.

- (1-2 Minutes) Introduce yourself to your conversation partner and get to know some basic information about each other.
- (7-8 min) Ask your partner how they incorporate healthy routines into their daily lives. What are habits and activities they consider promote good health. Discuss any other areas of wellbeing you would like to discuss.
- (7-8 minutes) Talk about your favorite foods and places to eat. Ask your conversation partner about their preferences. What are some foods that you do not like to eat? Places you do not prefer to eat? Ask and share about some of the regional dishes in your country. What are some

foods that are unique to your respective countries? Which foods do you have in common? What influences from other countries do you notice?

Tips

- Try to *think* in the language of your conversation. Your ability to think in English is much more complex right now and often, problems arise when you think of something to say in English that you are not able to say in the target language.
- If there are words or major ideas that you don't understand, please ask your partner to help explain/elaborate.
- Remember, the conversation will be recorded so you don't have to understand 100% of what your partner says during the conversation. You will have time later to look up specific words.
- If your conversation goes a bit off topic, *that is ok!* The important takeaway from this is that you are building the ability and confidence to interact in the language.
- When your partner answers a question, try to ask a related follow-up question instead of moving directly to another prepared question that might not be related.

Reflect

• Review

- Download and listen to the audio recording of your conversation.

• Write in English

- Overall, how did your conversation go? Explain

MY CONVERSATION WENT GREAT, ~~IN~~ I IMPROVE FROM
THE FIRST CONVERSATION. I WENT FROM SPEAKING
MAYBE 3 MINS TO ALMOST THE WHOLE 10 15 MINS.

- About what percentage of your partners' speech did you understand?

I UNDERSTOOD ROUGHLY 85% OF MY PARTNER'S SPEECH

- What are three things that you would phrase or say differently after having listened to your conversation?

I WOULD CHANGE UP MY QUESTIONS, I WOULD ~~ADD~~ ADD
IN ~~THINGS~~ RESPONSES ON THINGS I DON'T LIKE, I
WOULD CHANGE THE FOOD I DESCRIBED.

- List three interesting things you learned about your conversation partner based on their answers to your questions.

SHE IS BIG ON BEING HEALTHY

SHE LIFTS WEIGHTS

SHE LIKES ENCHILADAS

- What sort of cultural inferences or comparisons can you make about your interaction with your partner? If there is insufficient evidence, what comparisons can you make between your families?

SHE IS BIG ON FAMILY AND EATS A LOT OF CULTURAL DISHES. HEALTH IS A BIG FACTOR IN HER AND HER ~~FAMILY~~ FAMILY'S LIFE.

- List three new words you learned from this conversation.

- Is there anything else about the language that you noticed?

SHE TONED HER LANGUAGE DOWN TO MINE AND SHE WAS EXCITED TO SPEAK WITH ME

- What can you do to better prepare for your next conversation?

PLAN OUT A SCRIPT OF WHAT IM GONNA SAY AND
PRACTICE IT OVER AND OVER, AND ADD IN POSSIBLE
QUESTIONS OF ~~THE~~ WHAT THE PARTNER MIGHT ASK
ME.