

## Week 4 Journal Entry

The first level of Maslow's Hierarchy of Needs, which includes food, water, warmth, and rest, pertains to me technologically since I use technology to fulfill my basic need for food and drink via delivery services like Grubhub or Doordash. The second level is all about security and safety, and that is one of technology's biggest boons; passcodes on doors, biometric locks, security cameras, and more are imperative to modern safety, which of course includes my own safety. The third level of Maslow's Hierarchy of Needs pertains to friends and intimate relationships, and since social media is such a huge part of the online space this level of course relates to me and all the people I've met online. The fourth level is all about accomplishment and prestige, and since I play video games of course I seek the thrill of obtaining achievements. The final level includes creativity and art, and since the method of digitally creating artwork is extremely common, I've also used technology for the purpose of creative activities, specifically drawing.