

Service-Learning Checkpoint Assignment

For my service-learning assignment, I plan to volunteer at Signature HealthCARE in Norfolk, which is a nursing home and rehab facility. I have filled out a volunteer application online and am hoping to get scheduled for next week or the following week. I plan to play the piano, which is something I have experience with and have done in the past at nursing homes. I've prepared a short program of five songs that I'll play and will spend the next week practicing them in my free time. I also hope to do some improvisation, since that's something I won't need to prepare ahead of time; five songs are already a lot to memorize in just a few weeks. With a total of five songs, some improvisation and talking to residents between songs, I'll be able to give at least a two-hour "music therapy" session. I also hope to continue my service after the essay is due, since this is something I'd been meaning to get back into for a while.