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Assignment One
Psych303
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Consistencies and Inconsistencies

Consistencies

For this assignment I had my mother fill out the Big 5 questionnaire survey, not only does she say that she knows me better than I know myself, but I wanted to see if she would answer these questions in the light of my true self or the self that is presented to the general public. I had predicted that very little would be similar between our answers; I was right. The Big 5 personality survey presents a personality continuum defined by O, C, E, A, and N. The only consistency that was found was for O, open-mindedness. With O standing for creativity, artistry, being curious, and/or complex, there was no doubt that this was the one distinct consistency considering my love of travel and living overseas for so long. Reviewing my scores placed myself in the 96th percentile while in my mother's scores had me in the 95th, only a one-point difference, it would seem she knows my personality well.

Inconsistencies

In terms of inconsistencies, C, E, A, and N provided some major discrepancies. My scores were as follows: C (disorganized) in the 43rd percentile, E (introverted) in the 69th percentile, A (agreeable) in the 57th percentile, and N (calm/relaxed) in the 48th percentile. Comparably, my mother's results had 60% of my personality (C, E, and N) on the lower end of the five spectrums with: C (disorganized) in the 17th percentile, E (introverted) in the 23rd percentile, A (agreeable) in the 78th percentile, and N (calm/relaxed) in the 11th percentile. I was a little taken back at how introverted my mother thought me to be when she knows my love of traveling while meeting new people and gain new experiences. However, she did seem to know me better when it came to agreeableness where her scores provided that I "consider the feelings of others" while my scores provided a neutral response of "you are neither extremely forgiving

nor irritable”. After hearing her explanation, I was in agreement that her interpretation of my agreeableness was more accurate. While my mother’s scores lingered on one side or the other mine were mostly neutral responses hovering close to the center.

Profile Validity

In terms of overall validity, I would give the win to myself since I agree with 80% of the data I received and only agree with 40% provided by my mother. The 80% is the O, C, E, and N because I do consider myself a very open minded experience driven person who isn’t messy, per say, but isn’t anal either, someone who is relatively sociable and not high strung. The 40% is O and N because both my mother and myself scored in the 90s for O and for N; I feel as though I could be extremely calm and relaxed or just in a neutral zone, it all depends on the context that I am experiencing in that moment.

Most Critical for success/Failure: OEN

It wasn’t until about five years ago that I really came out of my shell and became the person I am today. I mostly relate O, E, and N to be most critical for my success in life, but if I had to pick just one, it would be O. Keeping an open mind and being able to see the world through someone else’s eyes is one of the most crucial skills that insure success in life. You are able to learn, inspire, be inspired, and grow emotionally and spiritually as well. Being able to relate to someone’s situation, in my opinion, is one of the most personable way to gain their trust which is extremely important in creating relationships. I have made an immense amount of friends in highly regarded places just by being able to put what I believe aside to understand someone else’s point of view. I was once called a “woman of the renaissance” by which he meant I had done many amazing things for how old I was.

Thoughts and Feelings

I've already stated throughout the paper how I feel about my results, but not much on how I felt taking it. I actually enjoyed taking the personality test as it made me truly dive deep into my inner most cognitive processes in an effort to be as honest as possible and not let past experiences influence the validity of my answers. I thought it was well-organized with important questions that you wouldn't think to ask yourself within a normal context. I felt as though it could be used as preparation tool should one have a job interview coming up. It would allow you the ability to define yourself, positively and negatively should the interviewer ask. I plan on looking back on my results to do more analysis.

General Opinion

As fun and fascinating as the test was, I did feel as though the results and answers you give could be manipulated by the way you are feeling in the moment. For example; if I was presented with the question "Is outgoing/social" when in a happy mood then I may feel more swayed to answer "Strongly Agree", or if I was presented with "Tends to be lazy" and I had the blues or was in a depressive state, then once again my answer might be skewed. Overall, I feel as though this is a very accurate representation of someone's personality as long as they are able to take it while in a neutral and unbiased state of mind.