

2ND 50 HOURS OF MY ODU CYBER CLINIC INTERNSHIP

The second 50 hours of my Cyber Risk Management internship with the ODU Cyber Clinic was full of educational moments that strengthened my knowledge in regards to risk assessments and management. I had the opportunity to learn from Greg Tomchick of Valor Cybersecurity, who is well educated when it comes to conducting risk assessments. The time spent with Greg was quite impactful in a plethora of ways. Firstly, Greg taught us the inevitability of rejections , and how that shouldn't deter or discourage us as we move forward in the course. Additionally, Greg also had us split up in groups of two and take to the community to perform risk assessments for businesses, free of charge. My partner and I went around to the nearby establishments by our school and began to talk to the managers of these businesses. First we went to the Marriott Hotel, but unfortunately we were unable to get a sit down meeting with the manager as they were on their way out. We then went to Chartway arena and talked to another manager, but we weren't able to get in contact with the manager that oversaw the internet and security of the business. We then proceeded to La Herradura, a Mexican restaurant, where we were able to talk to the head manager Oscar. We introduced ourselves to Oscar, stating who we were as interns of ODU's Cyber Clinic and the service we were providing to the community. We were able to conduct a full assessment of the business as we used The Top 10 Checklist we received from Greg Tomchick. The process was a success and as we finished up with the assessment, my partner and I thanked Oscar and reminded him that we would draft a report for him and deliver it in about 2 weeks time. With help from Greg Tomchick, the reports were drafted and we delivered it back to Oscar. The time spent with Greg was quite valuable as we were able to learn about the processes that went into providing assessment to businesses. Additionally, it helped me not to take rejections personally moving forward, as it was just a part of the process. The lessons we got from Greg were also quite important as they gave us more insight and knowledge about the questions we should be asking the micro organization we chose to complete an assessment for, in my team's case, it was Origami Software Solutions. After our lessons with Greg, my team and I

shifted our focus back to Origami Software Solutions and we followed up with CEO Beth Vinson. The second meeting we had with Beth Vinson was quite a success, as we learned more about her company and the systems she had in place. The top 10 checklist gave my team and I more concrete and relevant questions to ask Beth Vinson. The responses were quite detailed, making it relatively easy to begin drafting a deliverable report to Beth Vinson.