## Learning Style: Self-Assessment (50 Points) Due: Week 6

## **STEP 1: EVALUATE YOUR STUDY HABITS**

For Sociology I make sure to finish the practice quiz, take down the notes, and read the chapter prior to the next. As far as in class, it is important that I spend the time listening to what the professor is saying and making connections to the notes I wrote the night before. For chemistry I take down the notes in class and copy down the practice problems. Immediately after class me and a friend from that class spend 30 minutes reviewing the new material and practicing the problems for our homework. In Algebra I print out the note templates before class and spend time reviewing them. While I am in class I write down and practice the problems as the professor does. I work on my homework with a study group from that specific class. My biology class is online so, it is important that I attend every online review session as well as take down all of the notes. Additionally, I am in a group chat with other people from the class and we will host zoom review sessions prior to exams.

One class that I seem to be doing well in is my chemistry class because of the time I spend practicing the material after each class.

However, I am not doing as well in my algebra class as I would like. I think that I should spend my time going to the professor's office hours, and bringing prepared questions to my SI sessions. I plan on studying 3 times a week for 30 minutes each day. I should spend more time on long division and fast multiplication because you are not permitted a calculator for quizzes and I find myself getting stuck on the simple steps. I am being pretty systematic in studying for the exam as I go back and reevaluate the previous material often. I need to take more advantage of the learning support offered to me such as office hours. I am not struggling to find motivation for this course. I have cleared the confusions I had as to why I am not making enough time for this class to practice. I should remember to keep practicing. I cannot take the notes without a template because it does not work as well for me. The answers on my exam that were incorrect were due to getting stuck on division or multiplication, so I will devote my time to practicing those skills.

## **STEP 2: IDENTIFY AND APPLY NEW LEARNING TECHNIQUES**

I discovered a technique that involves rewriting the math problem in words to help you better understand. I will be trying this method when I get stuck on a homework problem. As far as outside of class I can begin to create a learning log where I do a similar reevaluation after each class or perhaps when I am just stuck on one unit.