

Learning Plan

Teacher: Litton, Cannella		Date: 5/5/2021	Unit: Golf
Enduring Understandings: <ul style="list-style-type: none">Students will understand the benefits of knowing a lifetime sport.Students will understand the basic rules of golf and proper use of a golf club.Students will understand the importance golf safety and etiquette.		Essential Questions: <ul style="list-style-type: none">What are the benefits safety?What are the benefits of knowing a lifetime sport?Will I be able to quote basic etiquette by memory?	
VA SOLs			
9.1 The student will perform all basic movement skills and demonstrate movement and biomechanical principles in a variety of activities that may include outdoor pursuits, fitness activities, dance and rhythmic activities, aquatics, individual performance activities, and games and sports (net/wall, striking/fielding, and goal/target(s)). <ul style="list-style-type: none">a) Demonstrate proficiency and refinement in locomotor, non-locomotor, and manipulative skills through appropriate activities (e.g., outdoor pursuits, fitness activities, dance and rhythmic activities, aquatics, individual performance activities, games and sports [net/wall, striking/fielding, and goal/target]).b) Design, implement, evaluate, and modify a practice plan for a self-selected skill, to include the motor learning process of analysis of performance; application of principles of movement and training; goal setting; and improvement of personal skills through practice, correction, practicing at a higher level, and reassessment.f) Demonstrate competency in one or more specialized skills in health-related fitness activities.			
Daily Learning Target(s) Displayed Student Learning Goal: Students will understand the basic rules of golf and its safety precautions.			Materials: Golf clubs and golf balls
Before Encounter With New Idea: <ul style="list-style-type: none">1. Use 5 minutes of time to focus on how to swing a club safely and keep your distance from other players.2. Use 2 min of time to explain golf etiquette.3. Dynamic warm-up			Golf clubs and golf balls
During Encounter With New Idea: <ul style="list-style-type: none">1. Walk to the practice field.2. Work on swinging technique, focusing on safety.3. Focus on hitting toward targets.			
After Encounter With New Idea: Application of learning. Do something with the new idea - rethink, practice, revise; analyze, process or refine the information.			
Allow students to comment on if they liked the lesson and if they would play more of it.			

Lesson Reflection: Since this is the first lesson of this unit, there will be no formal assessment.	
Reflection Question: Did the students like golf and may turn it into a lifetime sport?	
Formative Assessment(s) Discussion in class using application of knowledge from the unit.	