

Learning Plan

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| Teacher: Litton, Cannella | | Date: 5/20/2021 | Unit: Stoke |
| Enduring Understandings: <ul style="list-style-type: none">Students will understand the benefits of knowing about strokes and how to avoid themStudents will understand the risk factors about strokes and those we can control | | Essential Questions: <ul style="list-style-type: none">What are the benefits of knowing how to your risk factors of getting a stroke?What are the benefits of using factors you can control to avoid a stroke? | |
| VA SOLs 9.1 The student will apply health knowledge and skills to achieve and maintain long-term health and wellness 9.2 e)Identify behaviors that contribute to heart disease, stroke, diabetes, cancer, obesity, and other chronic diseases and conditions. | | | |
| Daily Learning Target(s) Displayed Student Learning Goal: Students will understand the basic risk factors of stroke and what we can do to limit our risk factors. | | | Materials: Projector and screen |
| Before Encounter With New Idea: | | | Projector and Screen and Chromebooks |
| 1. Powerpoint with videos embedded. | | | |
| During Encounter With New Idea: | | | |
| 1. Students take 10 minutes to write 5 statistics on stokes and how they affect the student. | | | |
| After Encounter With New Idea: Application of learning. Do something with the new idea - rethink, practice, revise; analyze, process or refine the information. Students will take consideration of what they learned today and write one paragraph about what risk factors involve them and what they can do to prevent the ones that they can control | | | |
| Lesson Reflection: Since this is the first lesson of this unit, there will be no formal assessment. | | | |
| Reflection Question: Did the students seem interested in their health and those around them. | | | |
| Formative Assessment(s) Discussion in class using application of knowledge from the unit. | | | |