

Journal Entry #6

December 4, 2021

A [CNN host](#) recently said he'd rather give his kids Jack Daniels and weed than Jack Daniels. What do you think about this statement?

This host clearly has a strong negative opinion towards social medias like Instagram and couples it with a negative connotation. He states that Instagram is mainly centered around young women posting their bodies. He then goes on to say this assist in the rate of self-harm and teen suicide. This is a real problem that should absolutely be addressed and worked on. I agree that platforms such as Instagram can be harmful and create imaginary societal standards whether that be in body images or lifestyles. Younger people see these images and relate them to there own lives which in turn invokes negative emotions. While these are serious problems, I think he may have gone too far in saying he would rather give his kids weed and alcohol. The problems addressed above can be somewhat solved starting in-house. I think that as a parent, it is very important to monitor your child's online usage. Especially as social media is becoming more integrated in society and kids are growing up with them. Parents should be proactive and one way this can be done is by using parental control apps. These apps can limit and filter your child's phone. Instagram itself has a filter option you can set which blocks any unwanted words. Concluding, I don't think the answer is to take away everything from your kids that can be potentially harmful. Supervising them and monitoring their phones can create a more healthy relationship between the two.