

# 10 Key Moments In My Career

Revisit some of the most notable moments during my career and how a different field helped me become a cyber professional.



1

2017



## Began 1st Remote Work Employment

I was hired at Magellan Health in my first remote work role. This required learning how to properly utilize a VPN network and set up my own home office system with provided equipment.



500

I served over 500 members while ensuring compliance with HIPAA regulations.



1360

Hours were logged utilizing an electronic health record to comply with the HITECH Act.



120

Located contact information and updated addresses for over 120 previously unreachable members utilizing available information on the web.

2

2017



## Returned to Old Dominion University

With my new position providing tuition reimbursement, I was able to return to school. I decided to pursue something I am passionate about but never thought about making a career, Computer Science. I enjoyed taking C++ classes and learning how to code.

3

2018



## Hiatus from School

While working full-time and going to school, I was balancing being a full-time caregiver. My father was diagnosed with dementia and was moving into advanced stages of the disease. This required management of his properties, bills, veteran benefits, and healthcare. He passed away July 2018. I then became estate executor, and hiatus was extended beyond initial timeline.

4

2019



## Purchased My First Home

Purchased first home in hometown. Completed DIY renovations and added an office space to accommodate work and educational studies. Created foundational stability for self in time of turmoil.

5

2020



## Returned to Old Dominion University

I renewed her pursuit of a degree in the technology field. During the hiatus a school of Cybersecurity was created. I completed research and found this degree would be better suited to future career goals. In my career, I already had familiarity with HIPAA, the HITECH act and PCI DSS. Healthcare also requires investigative and research skills and compliance analysis of laws, regulations and fraud.

6

2020



## Meta CTF

I participated in my first CTF competition. Started out independent and was able to network with other participants and form a team. Discovered that my area of strength is reconnaissance. I was able to locate data that other team members were not.

7

2020



## Took Full-Time Course Load

Annice decided to challenge herself by working full-time and taking a full course load. Was able to complete the semester with a 4.0 average in several courses: AWS Cloud Academy Foundations, Cybersecurity Fundamentals, Cyber Techniques and Operation and Red Hat Linux Systems Admin.

8

2021



## Obtained AWS Cloud Practitioner

In October 2021, I took a class in Amazon Web Services. The class lasted several weeks. I was able to learn about what is required to study for a proficiency exam. I acquired a skill in cloud storage and computing. I gained an understanding of the associated risk and costs to a company.



9

2022



## Promoted to Quality Interventions Manager

In July 2022, I was promoted to manager of Quality Interventions after five years of employment with Molina Healthcare, Inc. In this role managed I managed two direct reports and am responsible for compliance, incident response, data analysis, training and education for the unit. In absence of Director, also responsible for three additional department employees.

10

2023



## Graduation with B.S. Cybersecurity

Old Dominion University conferred a Bachelor's Degree of Cybersecurity upon me. I began a series of celebrations and started my search for a role aligned with my new skillset.



2

Bachelors of Science degrees



3.47

GPA



175

Credit Hours