

As the head wrestling coach at Floyd High School in Floyd, Virginia, I had the privilege of building a program to restart the wrestling team at the school. Through many weeks, I worked with parents, students, and my assistant coaches in shaping a program that would last. Our first year we took 25% of the team to wrestle for the state wrestling title. During the second year brought 50% of our team the state title matches, and we were able to secure placement in the willing bracket. This year we will see if the kids we have worked with are for the past two years will continue with the upward movement into the first-place finishes. The program what we were able to create is building up the students and community to bring a better understanding of what wrestling could do for the school.