

# MACKENZIE CHRIMES

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I am currently pursuing an education for a career in Athletic Training. My current major is physical education with a concentration in exercise science. I am a very hardworking and dedicated individual and always put 110% into whatever I endeavor in.

## EXPERIENCE

SEPTEMBER 2019 – MARCH 2020

**TEACHING ASSISTANT**, SOUTHEASTERN ELEMENTARY SCHOOL

- Teaching Assistant in a first-grade classroom at Southeastern Elementary School through the VA Teachers for Tomorrow program
- Led class discussions, activities, and assisted the teacher with grading assignments
- Made connections with students, while helping them with various educational needs
- Learned how to interact with children and resolve conflicts in the classroom

## EDUCATION

JUNE, 2024

**BACHELOR'S DEGREE**, OLD DOMINION UNIVERSITY

**Major:** Physical Education with a concentration in Exercise Science

JUNE, 2020

**ADVANCED DIPLOMA**, HICKORY HIGH SCHOOL

**GPA:** 3.71

National Honor Society Member

## SKILLS

- CPR/ First Aid Certified
- Creativity
- Critical Thinking
- Leadership
- Microsoft Office
- Organization