



TELEHEALTH & SPEECH THERAPY



Equipment Needed

Computer with Camera & Audio

Strong Internet Connection/Cell phone in case of internet issues

Video Conferencing Software

How to use Required Equipment:

Make sure your equipment is set up and checked before the start of your session. Video Conferencing software can be used to educate both patients and parents. They have "meeting rooms" where screens can be shared. Have electronic versions of reading passages, visual diagrams and games ready to use.

Facilitating and Designing a Therapy Session

- Make sure your environment is clear and quiet
- Use outside resources to design your telehealth session with electronic activities
- Be prepared before your session begins with the questions you want to ask or skills you want to practice; spend your time wisely
- Include collecting data as you facilitate your telehealth session

Working interprofessionally

- Being aware of your clients needs can lead to you communicating with other professionals involved in their therapeutic services through telehealth
- Integrating clinical practices help the SLP with the client's overall situation; open communication with each other is important to better serve the client
- It is within the scope of practice for a SLP to recommend a counselor if necessary

Considerations and Concerns

- Walk your patient through technology needs or troubleshooting issues; remember that their internet might not be as fast as yours
- Pay attention to your client's nonverbal cues; take a break if telehealth becomes overwhelming by playing games
- Have parents print out your desired activities for the patient to have a more hands on experience during telehealth session

Therapeutic Paradigm

Goal writing, basic framework, modifying behavior, and facilitation techniques are all important to include in telehealth

