Najee Shelton

3/27/2025

Week 10 Journal Entry

1. Yes
2. No
3. No
4. No
5. Yes
6. No
7. No
8. No
9. No

2 – Yes 7 – No

I believe that the items on the scale are very accurate traits that are displayed by people who may be addicted to using technology or social media. For me I rarely show true anger or frustration when not using social media, but I do have a bad habit of getting distracted by using it which can lead to me neglecting responsibility. Every person responds to things differently so while I may display mild symptoms others may display extreme addiction. I believe that different personality patterns area displayed across the world due to difference in social norms and availability, for example some areas may show more extreme personality disorders, however these area may have more users of smartphones where as other places may not have as many daily users, because there are more people using technology in these areas it more likely for there to be a wider range of symptoms.