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After watching the video, it's evident that the media plays a huge role in shaping how we perceive cybersecurity. Movies and TV shows often portray hacking as a fast, flashy, and overly simplistic process, which can lead to misconceptions. These dramatizations frequently ignore the reality that hacking involves deep technical skills, lengthy processes, and careful research. By presenting hacking as something that can be accomplished in seconds with user-friendly interfaces, media can undermine the serious nature of cybersecurity threats. This often leads the public to underestimate how vulnerable systems can be, and how vital cybersecurity professionals are. Additionally, it creates unrealistic expectations of the abilities hackers possess, making the field seem more about instant gratification than the real world, where cyberattacks are usually complex and methodical. Therefore, while media can bring awareness to cybersecurity, it often fails to represent the true nature of the field.