

Ways that Maslow's hierarchy of needs can be related to simple things within everyday life or others such as. On a physiological level, my smartphone gives access to essential things such as the applications that are on their card information digitally etcetera. Safety could be Google password manager and autofill along with antivirus software on my computer. Social would be access to social media like Instagram, Discord, and YouTube, and contact family members through the use of messaging applications built into the phone. Esteem would be things like comments on YouTube videos, x comments under posts, and comments under Instagram reels. Finally would be the self-actualization which could be the canvas app since it holds all the courses to the classes I take.