

Ramatu Hallie

#### Journal Entry 4

Technology and Maslow's Hierarchy of Needs relate in a few ways. In one way they relate is with the "safety", People want security and safety. This covers not just financial and health security but also physical safety. Technology-wise, improvements in emergency response systems, surveillance technologies, and security systems help to meet safety requirements. As the Maslow's Hierarchy of Needs is a "motivational theory of human needs" safety is a human need virtually and reality. "Physiological" the physiological tier is the basic survival for humans to survive, "air, water, food, sleep, shelter, etc. Food and water are made more accessible by technology that includes products like farming equipment and water filtration devices. "Love and belonging" being "friends, family, intimacy, and sense of connection", As soon as you feel secure, you want to socialize and experience a sense of belonging. Our distant friends and relatives can still be in contact with us through social media and texting apps. "Esteem" being "respect, self-esteem, status, recognition". People want to feel good about their accomplishments and want to be acknowledged for their achievements after they've felt connected. We have the ability to showcase our achievements and get recognition from others because of technology, such as social media. Last but not least the top tier "Self- actualization, the desire to become the most that can be". As Self-actualization is the achievement of one's greatest potential and personal development. Technology can help people become more fulfilled by giving them access to resources, information, and chances for personal growth.