

Rayne Mary Claire T. Sayoto

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Objective

Eager and determined pre-med student seeking to expand her experiences in and outside of medicine. Strong foundation in customer service, organizational, and management skills. Seeking a federal work study that allows expansion of the network in diverse categories, and allows one to hone skills and acquire new ones.

Education

I.C. Norcom High School: High School Diploma

September 2021- June 2023

Tidewater Community College: Certificate of General Studies

January 2023- May 2023

Old Dominion University: Bachelor's Degree in Biomedical Sciences Pre-Health

September 2023- Present

Skills

- Customer service
- Organizational skills
- Problem solving
- Receptionist management
- Attention to detail
- Critical thinking

Work Experience

Portsmouth City Treasurer: Intern

Summer 2022 - Summer 2025

Housing Residence & Life (HRL): Desk Receptionist

Spring 2025 - Present

Volunteer Experience

First Year Experience: Nauticus

August 24, 2023: 10 AM to 12 PM

Helped clean the ship in Norfolk Bay and learned about the different types of volunteers that they are offering to students for volunteer and internship.

Monarchs Give Back

September 11, 18, & 21, 2023

Helped organize & pack non-perishable goods that were donated to the residents of Norfolk.

Martin Luther King: LGBTQ+ Center

January 15, 2024: 10 AM to 12 PM

Helped clean the warehouse, donated goods, organized food donations from loyal characters, and connected with others whose purpose is to serve the community & make lives better.

EVMS: Health Sciences Summer Program

Summer 2024, July

Volunteered to guide high school students as they were enveloped in a day of knowledge about the health sciences fields, as well as provided short information on how I found EVMS and how my connection with them opened doors.

Sentara: Shadowing doctors

October 2024 - July 2025

