

ROBERT S. TIMMONS

NORFOLK, VA | (719)-309-7790 | RTIMMONS02@ICLOUD.COM

SUMMARY

Cybersecurity student with a strong understanding of networking and cybersecurity concepts. Experienced in technical support, managing and troubleshooting security surveillance servers for clients like Dollar Tree and Johnson & Johnson. Expertise includes refurbishing and assembling computers and servers, repairing return merchandise authorization products, (RMAs), and providing technical support.

LICENSURE AND CERTIFICATIONS

- ▶ **CompTIA Security+**
 - ▶ **CompTIA Network+**
 - ▶ **CompTIA ITF+**
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EDUCATION

- ▶ **Bachelor of Cybersecurity (Completed May 2025)**, Old Dominion University
- ▶ **Masters of Cybersecurity (In-Progress)**, Old Dominion University

PROFESSIONAL WORK EXPERIENCE

IPConfigure Inc. | Norfolk, VA

2023-Present

Customer Operations Intern (September 2024-Present)

- Scripted and implemented programs to optimize in-house checkout and discovery of IP-based systems (cameras, encoders, door control)
- Worked on special integration projects involving outdated analog systems and integrating devices onto IP networks.
- Ran and terminated wire and installed cameras on-site for customers.

Hardware Assembly Technician (May 2023-September 2024)

- Assembled and configured over 1,000 high-value security surveillance servers, totaling over \$1.5M for clients including Dollar Tree, Wawa, Rite Aid, Medieval Times, Luxottica, Sephora, and Johnson & Johnson.
- Delivered training to new employees on IT concepts through hands-on learning and instruction, equipping them with skills in computer component identification, BIOS configurations, and Linux terminal commands.
- Implemented enhancements to assembly workflows, integrating new hardware solutions and techniques that boosted team productivity.
- Custom-built servers for clients ranging from local schools to multinational businesses. Including hardware assembly, configuring software, operating system installations, and packaging for shipping.
- Conducted in-depth troubleshooting for servers within and beyond warranty periods, collaborating with support teams to resolve issues and ensure optimal functionality.

Norfolk Karate Academy | Norfolk, VA

2019-Present

Adult & Youth Karate Instructor

- Conducted over eight classes weekly, delivering instruction to more than a hundred students through an understanding of course material and a focus on martial arts, preparing youth and adults for street self-defense.
- Led the bi-weekly Gracie Bullyproof program, emphasizing verbal and physical self-defense tactics. Discussed character traits such as responsibility, respect, and citizenship, fostering students' personal development and strong character.
- Evaluated and administered over 35 youth jiu-jitsu tests, assessing students' techniques and knowledge of Gracie jiu-jitsu rules of engagement to facilitate their advancement to higher belt levels and deepen their understanding of jiu-jitsu.

Tidewater Community College | Norfolk, VA

2022-2022

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Computer Technician & Repairman

- Delivered 100+ refurbished computers by cleaning, repairing, and installing operating systems and software on donated desktops and laptops, ensuring students at Tidewater Community College had reliable technology for their academic pursuits.
- Traversed the Hampton Roads region to secure valuable computer donations from businesses and charities, significantly contributing to the Computers for Student Success program.

Cogan's Pizza / Circuit Social | Norfolk, VA

2019-2021

Line Cook & Dishwasher

- Executed sanitation practices following the City of Norfolk's food handling and hygiene standards, ensuring cleanliness and safety across three bustling restaurants serving over 1,000 customers monthly.

Professional Organization Affiliations

Sigma Phi Epsilon

- ▶ Carlson Leadership Academy Attendee (2023, 2024)
- ▶ Ruck Leadership Institute Scholar (2024)
- ▶ Sigma Phi Epsilon Chapter Chaplain (2022-2023)
- ▶ Sigma Phi Epsilon Chapter President (2023-2024)

Boy Scouts of America

- ▶ Eagle Scout (2017)
- ▶ Order of the Arrow

Armed Forces Communication & Electronics Association

- ▶ AFCEA Undergraduate Scholarship Recipient (2022,2023,2024)

Gracie Jiu-Jitsu

- ▶ Gracie Purple Belt