

# Nursing Philosophy

NURS 401: Professional Development

Nursing Philosophy

## **Purpose of Assignment**

The purpose of this assignment is to enable the student to discover his or her personal philosophy of nursing as it exists at the beginning of the academic journey toward the BSN.

## **Student Approach to Assignment**

This Assignment reflected what I value and how I approach my nursing role daily. The values I bring into my nursing job are respect for others, resilience, and the approach to continuous learning. This assignment helped me understand my background and share with others what I value most and why I approach nursing the way I do. Through this assignment, I learned how to apply nursing theory to my practice by understanding Orem's self-care deficit theory and using it to apply what I learned from nursing school and my time throughout college.

## **Reason for Inclusion of this Assignment in the Portfolio**

This assignment is included in my portfolio because it helps others understand me as a Nurse and how I support my patients and coworkers. My most important things are communicating well, respecting others, and advocating for my patients. The values I have grown up with and been taught throughout life have helped me be the Nurse that I am today, and this is an essential aspect of myself that others should know.

## **Domain 1:**

*o (1): Identify concepts, derived from theories from nursing and other disciplines, which distinguish the practice of nursing.*

I apply Orem's self-care theory to my theory and values in my nursing practice because I care and have compassion for my patients. I also apply my own background, coming from a Christian home. I respect others and value life. Throughout school, I learned persistence and hard work, which you also need as a nurse. The ANA (American Nurses Association) also has guidelines for nurses and scopes of practice that I use in my nursing practice, such as knowledge and advocacy.

## **Domain 2: Person-Centered Care**

*o (6) Communicate effectively with individuals.*

This is reflected in my discussion of how I use respect to communicate with my patients and the healthcare professionals I work alongside. Therapeutic communication is used to communicate with patients and doctors using active listening, making

observations, clarifying orders, and paraphrasing what patients say. Therapeutic communication is a way of communicating that shows respect to others. I also discuss using good communication by advocating for my patients with the healthcare team and their families. Advocating for patients means to adhere to their wishes and make those wishes known to the healthcare team and their families.

### **Domain 6: Interprofessional Partnerships**

*o (31) Articulates the values of the profession and the role of the nurse as member of the interdisciplinary health care team.*

I discuss the Nursing values I have learned and adopted into my professional practice, such as advocacy, good communication, and knowledge. Therapeutic communication is necessary to work together with the Healthcare team to provide the best patient care through making rounds with doctors, sharing information of the patient's condition, and collaborating with others to help the patient. The role of the nurse is to communicate with others to coordinate the patient's healthcare plan with all members of the team to provide holistic care to the patient.