

Teaching Plan Summary

NURS 402– Role Development for the Baccalaureate Nurse as Educator

Purpose of Assignment

The purpose of the assignment is to provide the student the opportunity to summarize in detail the development, implementation, and evaluation of an instructional intervention for a specific patient or professional group.

Student Approach to Assignment

I conducted this research assignment for the betterment of Nurses in my unit. At work, we often lift and pull patients in or off the bed or bend to give medications or put on patients' socks. However, there are safe and unsafe ways to do these everyday practices, and many times on the job, we do not take the time to use safe, ergonomic practices to help prevent injuries. I had a coworker who put out her back and was on short-term disability leave for six months because of it. I aimed to educate myself and my coworkers on better, safe, ergonomic techniques to prevent injuries.

Reason for Inclusion of this Assignment in the Portfolio

I included this in my portfolio because it demonstrates my research and teaching abilities as a nurse and student. It also evaluates my teaching and learning in the unit, using the ergonomics teaching method I used. The teaching also demonstrates my collaboration with others, such as the physical therapists and nurse educators, who helped with the presentation and teaching.

Domain 2: Person Centered Care

o (19): Provides teaching to patients and/or professionals about health care procedures and technologies in preparation for and following nursing or medical interventions.

This paper is about the teaching I provided to my colleagues to use when working with patients to keep them and their patients safe during transfers. The teaching was done in person on the unit at a convenient time for everyone to hear a few minutes of a presentation. These techniques would be used on the unit during our every day practice.

Domain 4: Scholarship for the Nursing Discipline

o (24): Differentiates between descriptive nursing literature and published reports of nursing research.

I used many research articles to find information on best practices in ergonomics. Some of the research was qualitative based and some descriptive. The difference is soe of the nursing research shows data that is measurable to determine the effectiveness of the interventions.

o (26): Applies research-based knowledge from the arts, humanities, and sciences to complement nursing practice.

The research was used from a nursing, physical therapy, or scientific standpoint. The knowledge gained from the research was used to prepare a teaching plan or presentation for my colleagues on the unit of best ergonomics practices and their importance.

o (28): Communicates scholarly findings with colleagues.

I communicated my research findings with my colleagues at work on the unit at a time that was convenient for most people. I also made a presentation board with information so others could read it when they had time.

Domain 7: Systems-Based Nursing

o (34): Demonstrates evidence of participation in Interprofessional Education (IPE) activities.

I had help from a hospital physical therapist and a nursing educator in the unit to prepare and present my findings on safe ergonomic practices to my colleagues. They helped in my teachings demonstrate proper techniques of lifting, pushing, pulling, and transferring patients with gait belts.